

## Risk Assessment: Rothwell Harriers & AC training Oulton School and road group small group training COVID19

Date:	Assessed by:	Location :	Review :
6 / 09 /2020	Dr Marc Randall (Juniors Lead Coach) UKA Athletics Coach 3280004	As detailed below Rothwell Parks and playing fields Royds Fields Oulton sports centre fields Track facilities (see additional track assessments) Oulton school	01 /12/2020

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
Juniors athletes risk of injury, slips trips and falls	<p>Athletes could get injured if they slip or fall on wet or uneven ground</p> <p>Athletes could get injured if they collide with another athlete</p> <p>Junior athletes at more risk of injury from collisions with an adult athlete</p>	<ul style="list-style-type: none"> <li>At least one full qualified Athletics coach (level 2 or equivalent) is present when junior athletes are training or involved in activity.</li> <li>Athletics coach is supported by additional assistant coaches.</li> <li>Location of training session assessed by coaching staff for suitability for the proposed session.</li> <li>Athletes all warm up and stretch off properly before session</li> </ul>	L	<ul style="list-style-type: none"> <li>Ensure that no athlete feels under pressure to keep up with or join or chase a different age group.</li> <li>Ensure each athlete is aware of their training session and goals and the coaching staff member who is keeping an eye on that athlete at the beginning of the session.</li> <li>Ensure that all athletes are aware of training rules, track rules and facility rules through use of website and Facebook and oral communication.</li> </ul>	L	All coaching staff	Continuous review	

		<ul style="list-style-type: none"> <li>• Athletes not wearing appropriate clothing are not permitted to train in the session</li> <li>• Parents are aware that their child is training and the environment training is occurring in.</li> <li>• Athletes attending Saturday sessions are invited by coaching staff and their full capabilities are known to coaches present.</li> <li>• Coached sessions are adjusted for athlete's abilities and are athlete focussed.</li> </ul>					
Lack of toilet facilities at some training sites	Athletes may need toilet for a variety of reasons	<ul style="list-style-type: none"> <li>• Athletes are made aware of training location prior to session.</li> <li>• Track sessions have toilet facilities as held at a facility</li> <li>• Oulton School toilets and facilities access will be dependent on COVID 19 regulations at the time social media secure communication channel to parents will ensure that up to date information on access is provided.</li> <li>• Athletes will be encouraged to have a small personal hand sanitiser at training</li> </ul>	L	<ul style="list-style-type: none"> <li>• Always use training facilities with access to toilets with clear COVID secure signage meeting UK Gov regulations</li> <li>• Remind athletes continuously of hygiene requirements.</li> </ul>	L	All coaches and parents	Continuous review
Physical Interaction between Athletes and coaches and parents.	Junior athletes may be injured by collision with another athlete and also result in risk of asymptomatic COVID transmission to a coach,	<ul style="list-style-type: none"> <li>• On field, all athletes in sight of lead coach and assistant coach tasked with that group always.</li> <li>• Groups of differing abilities with differing plans of training to</li> </ul>	L	<ul style="list-style-type: none"> <li>• Have appropriate briefings before sessions start.</li> <li>• Ensure that other groups using facility are also aware of the other athletes present.</li> </ul>	L	All coaches	Continuous review

	<p>another athlete or parent if social distancing is not observed as per UK Gov advice.</p>	<p>where possible train in separate parts of the field</p> <ul style="list-style-type: none"> <li>• Differing groups (Juniors / Seniors) assessed for ability and put together only in ability for each particular exercise. These training bubbles should be maintained with almost no cross training between groups.</li> <li>• Sub tasked coaches with differing sessions will focus on their groups task and remain vigilant to other users maintaining a COVID secure bubble wherever possible.</li> <li>• Track sessions will often have athletes from other clubs and park sessions may have Park Runners on warm up and cool down that could interact with runners. Athletics coaches will point out and monitor always for the location of these individuals. Social distancing as per UK GOV guidance will always be adhered to and coaches will adapt sessions as needed.</li> <li>• Parents will be made aware that junior athletes are training in the same facility that other individuals may be present at and that sessions are individualised for the different groups but may be overseen by a single lead coach with coaching assistants or by several individual coaches for</li> </ul>		<ul style="list-style-type: none"> <li>• All coaching staff to complete welfare online training from EA</li> <li>• Ensure all athletes parents and coaches are aware of the athletes attending and that they are up to date on current UKA and UK Gov advice on COVID19 regulations.</li> <li>• Arrange for separate drop off and collection times for the different training groups to reduce interaction of individuals</li> </ul>				
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		<p>the groups attending. These coaches will throughout maintain a COVID secure bubble with those athletes for that entire session and where possible future session will always have the same coach and athlete mix.</p> <ul style="list-style-type: none"> <li>• Parents will be made aware that we don't have exclusive access to facilities and so members of the public or other clubs may be present at sessions and so athletes need to be made aware to continue COVID social distancing at all times within our groups and with public groups as per UK Gov advice</li> <li>•</li> </ul>					
<p>Lack of awareness around Covid-19 risk factors and key government/ England Athletics/ local guidance for limiting the spread/ transmission of the disease</p>	<p>Athletes/ runners/parents/ coaches/other volunteers / Staff of facility</p>	<ul style="list-style-type: none"> <li>• All settings/ activities ensure education, discussion and compliance with EA and UK government instructions</li> <li>• Signage at facility reflecting all current COVID and UK Gov guidance</li> <li>• All athletes pre registered electronically online before sessions with parents required to confirm they have informed children of COVID regulations</li> <li>• All attendees confirmed to have no illness or COVID symptoms and reconfirm at check in</li> </ul>	M	<ul style="list-style-type: none"> <li>• Continue to educate and comply with hand hygiene social distancing, masks where appropriate</li> <li>• Add details to facebook posts to remind individuals</li> </ul>	L	All coaches	Continous review

		<ul style="list-style-type: none"> <li>Track and trace data retained for 21 days in line with current guidance</li> <li>All attendees required to bring their own hand sanitiser</li> </ul>					
Spreading/ transmission of Covid-19 through contact with disease on a surface	Athletes/ runners/parents/ coaches/other volunteers / Staff of facility	<ul style="list-style-type: none"> <li>Ensure athletes have their own water bottle</li> <li>Ensure athletes have had sanitiser or wipes of their own</li> <li>Avoid payments with cash</li> <li>Ensure parents in are separated but can see athletes if needed for session</li> <li>No changing at site</li> <li>Parents to deal with their own children's injuries</li> <li>Athletes to have their own equipment and have cleaning equipment as needed</li> <li>Groups of athletes with coaches to be instructed to arrive a facility at different times</li> <li>Coaching ratios always to match EA guidance and Coaches to bubble with as few athletes as possible</li> <li>Athletes all pre registered electronically and COVID questions completed.</li> <li>Coaches to have advanced knowledge of the groups to make checking off athletes expected against a list of attendees</li> <li>Contact tracing of all attendees possible from lists</li> </ul>	M	<ul style="list-style-type: none"> <li>Ensure all athletes have access to EA guidance by signposting on facebook</li> <li>Use social media in advance to ensure athletes know their training bubble group and do not interact with other individuals from other training groups.</li> </ul>	L	All Coaches	Continous review

		<ul style="list-style-type: none"> <li>• All payments for club sessions online. This avoids the need for congregation of athletes. Online lists of athlete surname attending session can be provided to coaches in advance to avoid gatherings of athletes and parents at the start and end of session.</li> <li>• Parents check in children using contactless QIR scanning to record arrival and confirm COVID questions. This can be distanced for group.</li> </ul>					
Spreading / transmission of COVID-19 through air borne transmission of the disease by an infected person	Athletes/ runners/parents/ coaches/other volunteers / Staff of facility	<ul style="list-style-type: none"> <li>• Ensure 2 m social distancing guidance at all times</li> <li>• Any sign of infection in any member of the group training of that group immediately terminated</li> <li>• Remind athletes of the rules of the training session and the current EA and UK Gov advice regarding the session.</li> <li>• Coaching rations to always match EA guidance and coaches to bubble with as few athletes as possible</li> <li>• Coaches to have list of expected attendees to be able to check off against a list of expected attendees</li> <li>• Contact tracing of all attendees possible from lists.</li> </ul>	M	<ul style="list-style-type: none"> <li>• Continue to ensure all athletes are screened before session</li> <li>• Any athlete possibly unwell immediately removed from training and training suspended</li> </ul>	L	All Coaches	Continous review

		<ul style="list-style-type: none"> <li>• Contactless Electronic registration and sign in practice.</li> </ul>					
Spreading / transmission of COVID-19 through air borne or contact transmission of the disease by an infected person	Athletes/ runners/parents/ coaches/other volunteers / Staff of facility / Members of the public	<ul style="list-style-type: none"> <li>• Keep groups within EA and UKS rules at all times</li> <li>• Ensure groups are small enough to run the planned routes and social distance at all times</li> <li>• Remind athletes who are not social distancing within a session to immediately social distance</li> <li>• Reserve the right to terminate training at any point</li> </ul>	M	<ul style="list-style-type: none"> <li>• Train in areas rarely used by the general public and that the training bubble can have exclusive access to</li> </ul>	L	All coaches	Continous review

PH= Paul Howard or Chairperson of Club

JW = James Wardman or most senior member (UKA licenced) of Coaching Staff if Absent

MSR = Lead coach for Juniors or most senior member of Junior Staff Coaching Staff (UKA licenced) present

COVID officer for Juniors Dr Marc Randall

NB Copy and paste rows as required