

RH Competitors 31 15 16 26 9 5 21 81 10 19 53 24 6 22 24 14 6 9 26 15 36 17 25 13

| Rank | First Name | Surname | Category (age at 1st Jan) | Dewsbury 10K | Snake Lane 10M | Bradford 10K | Wakefield 10K | Elvington Flyer 5/10M | Ackworth HM | Askern 10K | Club Handicap | 5KM - York Series | Summer Mile | Canal Race 5k | St Aidens 10K | Walkington 10K | Flat Cap 5M | York Millennium Bridge 5K | Esrick 10K | Kirkstall 7 | Pontefract HM | Scarborough 10K | Yorkshire 10M / Marathon | Abbey Dash 10k | Leeds Bah Humberg 10K | Wild Card Run 1 | Wild Card Run 2 | Total Score | Total best 6 | Average best 6 | Total Races | Lowest Counting Score | At least 2 races over 5km | |
|------|------------|---------------|---------------------------|--------------|----------------|--------------|---------------|-----------------------|-------------|------------|---------------|-------------------|-------------|---------------|---------------|----------------|-------------|---------------------------|------------|-------------|---------------|-----------------|--------------------------|----------------|-----------------------|-----------------|-----------------|-------------|--------------|----------------|-------------|-----------------------|---------------------------|-----|
| 1 | John | Mccarthy | MV45+ | 79.82 | 79.56 | | 80.32 | | 77.16 | | 84.01 | | 84.41 | 85.38 | | | | 85.27 | 83.50 | | 76.21 | | | 84.32 | | | | 899.96 | 506.89 | 84.48 | 11 | 83.50 | Yes | |
| 2 | Paul | Brown | MV45+ | - | - | 79.27 | - | 78.50 | - | 79.86 | 79.59 | 81.63 | 81.38 | 82.45 | - | - | - | - | - | - | - | - | - | - | - | DN5 | - | 562.68 | 484.18 | 80.70 | 8 | 79.27 | Yes | |
| 3 | Andrew | Fleming | < M45 | 78.65 | 76.79 | | | | | | | 80.50 | | 80.11 | | | | | | | | | | | | 81.07 | 79.78 | 476.90 | 476.90 | 79.48 | 6 | 76.79 | Yes | |
| 4 | Steve | Head | MV45+ | 77.39 | | 75.44 | | | | | 76.70 | | | 78.69 | | | | | 76.69 | | 76.00 | | | 80.37 | | 77.76 | 76.00 | 695.04 | 467.60 | 77.93 | 9 | 76.69 | Yes | |
| 5 | Jason | Westmoreland | MV45+ | | | | | | | 71.32 | 76.34 | 77.56 | | 77.58 | | | | | | | | | 73.76 | | | 76.63 | - | 453.19 | 453.19 | 75.53 | 6 | 71.32 | Yes | |
| 6 | Rowena | Skelhorn | < F45 | 75.03 | | 73.62 | | | | 73.17 | 73.02 | 73.49 | 74.01 | | | | 66.08 | 73.29 | | | | | 73.50 | 74.25 | | | 802.03 | 443.90 | 73.98 | 11 | 73.49 | Yes | | |
| 7 | Peter | Swoboda | < M45 | | | | | | | | | 75.06 | 74.02 | 75.83 | | | 70.45 | 76.75 | | | | | | | | 71.76 | - | 443.87 | 443.87 | 73.98 | 6 | 70.45 | Yes | |
| 8 | Jo | Heseltine | FV45+ | | 72.36 | | | 72.10 | | | | | 75.65 | 75.84 | | | | | | | | | 70.64 | | 63.36 | 72.26 | - | 646.13 | 443.72 | 73.95 | 9 | 72.10 | Yes | |
| 9 | Ross | Blackburn | < M45 | 72.70 | | | | | | | | | | | 66.80 | | | 72.32 | 69.90 | | | | | 74.59 | | 72.22 | 75.55 | 504.08 | 437.28 | 72.88 | 7 | 69.90 | Yes | |
| 10 | Justin | Hayes | MV45+ | 72.98 | | 70.99 | | | | 71.64 | 69.85 | | | 73.07 | | | | | | 69.17 | | | | | | | - | 427.70 | 427.70 | 71.28 | 6 | 69.17 | Yes | |
| 11 | Hayley | Kenny | FV45+ | 69.09 | | | 69.01 | | | 68.85 | 68.13 | | 71.99 | 68.95 | | | 62.37 | 70.12 | 67.87 | 66.51 | | | | 70.65 | 60.75 | 66.57 | DN5 | 880.86 | 419.81 | 69.97 | 14 | 68.95 | Yes | |
| 12 | Paul | McGough | < M45 | | | | | 59.94 | | 67.05 | 67.04 | | 70.22 | 70.37 | | | | 70.53 | | | | | | 68.55 | | 68.91 | - | 609.39 | 415.63 | 69.27 | 9 | 67.05 | Yes | |
| 13 | Roger | Ward | MV45+ | | | | 68.45 | | | 69.07 | | | | | | | 68.20 | 69.97 | | 68.24 | | | | 69.94 | | | - | 413.87 | 413.87 | 68.98 | 6 | 68.20 | Yes | |
| 14 | Emma | Hardy | < F45 | 69.33 | | | 69.75 | | | | 68.08 | | | 70.03 | | | | | | | 70.92 | | 64.80 | | | | - | 412.91 | 412.91 | 68.82 | 6 | 64.80 | Yes | |
| 15 | Andrew | Baiden | < M45 | 67.08 | | | | | | | 65.99 | | 68.54 | 69.12 | | | | 69.36 | | | | | 65.92 | | | | - | 406.01 | 406.01 | 67.67 | 6 | 65.92 | Yes | |
| 16 | Mark | Gregory | MV45+ | | | | 67.66 | | | 63.85 | | | | 69.50 | 66.33 | | | | | | | | | 67.43 | | 64.98 | 65.29 | 465.04 | 401.19 | 66.87 | 7 | 64.98 | Yes | |
| 20 | Paula | Brook | < F45 | | | | | | 60.49 | | 68.60 | 68.80 | | 66.46 | | 67.83 | | | | 61.15 | | | | | | | DN5 | 393.33 | 393.33 | 65.56 | 7 | 61.15 | Yes | |
| 17 | Kevin | Moseley | MV45+ | 69.29 | | | | | | | | | | 66.79 | | | | 68.14 | | | | | 64.23 | | | 61.89 | 67.51 | 397.85 | 397.85 | 66.31 | 6 | 61.89 | Yes | |
| 18 | Brian | Shaw | MV45+ | 63.41 | | 64.11 | 63.18 | 62.94 | | | 66.36 | | | 68.30 | | | 62.04 | 68.85 | | | | | | | | 60.16 | 58.47 | 637.82 | 394.21 | 65.70 | 10 | 63.18 | Yes | |
| 19 | Karen | Head | FV45+ | 59.35 | | 60.55 | | | | | 63.45 | | | 63.62 | | | | | 63.38 | | | | | 70.55 | | 63.57 | 65.29 | 577.27 | 393.99 | 65.67 | 9 | 63.45 | Yes | |
| 21 | Steph | Jones | < F45 | 65.07 | | | 65.37 | | | | 63.43 | | | 65.05 | | | 54.81 | 65.52 | | | | | 63.79 | | 65.56 | 58.53 | DN5 | 567.13 | 390.36 | 65.06 | 10 | 65.07 | Yes | |
| 22 | Ian | Sommerville | < M45 | | | | 63.54 | | | 63.68 | 64.31 | | 66.71 | | 60.97 | | | | | | | | | | | 64.08 | 65.89 | 449.18 | 388.21 | 64.70 | 7 | 63.54 | Yes | |
| 23 | Clynt | Hiscoe | MV45+ | 63.39 | | | | | | 63.44 | 65.62 | | | | | | 66.64 | 64.22 | | | | | | | | 64.89 | - | 388.20 | 388.20 | 64.70 | 6 | 63.39 | Yes | |
| 24 | Sarah | Waite | < F45 | | | 63.76 | | 64.23 | 57.01 | | 62.03 | | 63.63 | 64.77 | | | | 65.92 | | | | | | 64.54 | 56.86 | DNF | - | 562.75 | 386.85 | 64.47 | 10 | 63.63 | Yes | |
| 25 | Steph | Watkins | < F45 | 63.27 | | | 63.38 | | 59.68 | 63.03 | 63.45 | | 65.68 | 65.60 | 62.34 | | | | | | | | | 65.45 | 56.16 | 59.73 | - | 749.22 | 386.83 | 64.47 | 12 | 63.27 | Yes | |
| 26 | Rob | Gresswell | MV45+ | | 54.96 | | | | | 63.15 | 64.60 | | | | 63.00 | | 62.78 | | | | | | 65.46 | | 64.67 | 50.84 | 65.18 | 554.64 | 386.06 | 64.34 | 9 | 63.00 | Yes | |
| 27 | Kevin | Connell-Moore | MV45+ | | | | | | | | 56.32 | | 64.52 | 67.65 | 55.27 | | 53.73 | | 52.80 | | 56.01 | | | 58.69 | | 64.44 | 61.35 | 590.78 | 372.97 | 62.16 | 10 | 56.32 | Yes | |
| 28 | Trish | Wilson | < F45 | 61.10 | 58.22 | | | | | | 60.17 | | 62.85 | 63.28 | | 59.48 | 58.51 | | | | | | 61.67 | | | | | 485.28 | 368.55 | 61.43 | 8 | 59.48 | Yes | |
| 29 | Shahana | Miah | < M45 | | | | 62.70 | | | | 59.03 | | | 65.55 | | | | | 60.03 | | | | | 64.86 | 56.13 | | - | 368.30 | 368.30 | 61.38 | 6 | 56.13 | Yes | |
| 30 | Simon | Hulme | MV45+ | 74.09 | | 69.81 | | | | 69.48 | 70.39 | | | 74.65 | | | | | | | | | | | | | | 358.42 | 358.42 | 59.74 | 5 | 69.48 | Yes | |
| 31 | Jo | Clarke | < F45 | | | | 57.07 | 57.64 | | | 57.53 | 58.85 | | 58.43 | 53.67 | | 51.61 | 59.25 | 54.41 | | | | 53.68 | 48.11 | | 56.33 | DN5 | 666.58 | 348.77 | 58.13 | 13 | 57.07 | Yes | |
| 32 | Angela | Mccarthy | FV45+ | 57.37 | 54.89 | | | | | 58.43 | 58.80 | | | | | | 54.10 | | | | | | | 61.51 | | | - | 396.81 | 345.10 | 57.52 | 7 | 54.10 | Yes | |
| 33 | Chris | Parker-Haim | < M45 | 56.62 | | | | | | | 55.18 | 57.63 | | 57.43 | 51.13 | 50.94 | 50.59 | 58.94 | 51.06 | | | | | | 53.25 | | 49.13 | 44.06 | 635.96 | 339.05 | 56.51 | 12 | 53.25 | Yes |
| 34 | Kay | Taylor | FV45+ | 56.70 | | | 56.94 | | | 56.18 | | | | 54.60 | | | | | | | | | 56.78 | 54.46 | 57.40 | | | 393.06 | 338.60 | 56.43 | 7 | 54.60 | Yes | |
| 35 | Sarah | Tolkin | < F45 | | | | | | | | 68.44 | | | | | 69.35 | | | 71.46 | 63.90 | | | | | | 65.33 | - | 338.48 | 338.48 | 56.41 | 5 | 63.90 | Yes | |
| 36 | Erin | Townsend | < F45 | 54.46 | | | | 55.89 | | | 53.38 | | 56.90 | 55.79 | | | | | | | | | 51.91 | | | | | 328.33 | 328.33 | 54.72 | 6 | 51.91 | Yes | |
| 37 | Carole | Clifford | FV45+ | | | | | | | | 61.95 | | | 66.56 | 66.87 | | | | | | | | | | | | | 325.59 | 325.59 | 54.27 | 5 | 61.53 | Yes | |
| 38 | Joanne | Hawden | FV45+ | | | | | | | | 68.29 | | | | | 62.35 | | | | | | | | 69.05 | | 62.39 | | - | 324.43 | 324.43 | 54.07 | 5 | 62.35 | Yes |
| 39 | Louise | Haley | FV45+ | 54.81 | 53.24 | | | | | 54.21 | 54.64 | | | | | | | | | | | | | 50.42 | 56.36 | | DN5 | 369.96 | 323.68 | 53.95 | 8 | 50.42 | Yes | |
| 40 | Stephen | Frost | < M45 | | 49.64 | | 52.26 | | | | 54.23 | | | | | | | | | | | | | 52.23 | | | 51.35 | 50.08 | 309.79 | 309.79 | 51.63 | 6 | 49.64 | Yes |
| 41 | Paul | Howard | < M45 | 75.12 | | | | | | | | 77.92 | 77.82 | 76.77 | | | | | | | | | | | | | | 307.63 | 307.63 | 51.27 | 4 | 75.12 | No | |
| 42 | Sandra | Edwards | FV45+ | 78.64 | | | | | | 77.81 | | | | | 75.56 | | | | | | | | | | | | | - | 306.86 | 306.86 | 51.14 | 4 | 74.85 | Yes |
| 43 | Heath | List | MV45+ | 50.18 | | 51.58 | 50.73 | | | 48.28 | 49.45 | | 51.65 | 50.65 | | 48.56 | | | | | | | 50.15 | 48.18 | 50.53 | 44.15 | DN5 | 47.59 | 641.68 | 305.32 | 50.89 | 14 | 50.18 | Yes |
| 44 | Claire | Easton | FV45+ | | 55.01 | | | 57.58 | | | | | 62.15 | 60.10 | | | | | | | | | | 60.23 | | | | - | 295.07 | 295.07 | 49.18 | 5 | 55.01 | Yes |
| 45 | Leanne | Sobratee | < F45 | 55.46 | | | | | | | 44.85 | | | | | 48.57 | 43.63 | 51.56 | | | | | | | | | | 292.10 | 292.10 | 48.68 | 6 | 43.63 | Yes | |
| 46 | Craig | Whiteley | MV45+ | 70.43 | | | | | | 71.77 | | | 71.25 | | | | | | | | | | | | 76.38 | | | - | 289.83 | 289.83 | 48.31 | 4 | 70.43 | Yes |
| 47 | Richard | Hillarby | MV45+ | | | | 56.72 | | | | 56.89 | | | 57.99 | | | | | | | | | | 50.07 | 56.32 | | | - | 277.99 | 277.99 | 46.33 | 5 | 50.07 | Yes |
| 48 | Matthew | Parker-Haim | < M45 | 45.88 | | | | | | | 44.00 | | | 45.06 | 46.17 | | | 48.28 | | | | | | | 44.08 | | | - | 273.47 | 273.47 | 45.58 | 6 | 44.00 | Yes |
| 49 | Mark | Ibbertson | MV45+ | | | 42.79 | 42.84 | | | 44.59 | 43.12 | | | 44.74 | 44.39 | | | | 43.20 | | 43.80 | | | | | | | 388.03 | 263.84 | 43.97 | 9 | 43.12 | Yes | |
| 50 | Helen | Mann | FV45+ | | | | | | | | 67.96 | | | | 63.65 | | 60.97 | | 65.63 | | | | | | | | | - | 258.21 | 258.21 | 43.04 | 4 | 60.97 | Yes |
| 51 | Lynne | Metcalfe | FV45+ | | 62.81 | | | | | | | | | | | | | | | | | | | 68.24 | | 62.16 | | - | 256.18 | 256.18 | 42.70 | 4 | 62.16 | Yes |

| Rank | First Name | Surname | Category (age at 1stJan) | Dewsbury 10K | Snake Lane 10M | Bradford 10K | Wakefield 10K | Elvington Flyer 5/10M | Ackworth HM | Askern 10K | Club Handicap | 5KM - York Series | Summer Mile | Canal Race 5k | StAldens 10K | Walkington 10K | Flat Cap 5M | York Millenium Bridge 5K | Escrick 10K | Kirkstall 7 | Pontefract HM | Scarborough 10K | Yorkshire 10M / Marathon | Abbey Dash 10k | Leeds Bah Humbug 10K | Wild Card Run 1 | Wild Card Run 2 | Total Score | Total best 6 | Average best 6 | Total Races | Lowest Counting Score | At least 2 races over 5km | |
|------|------------|-------------------|--------------------------|--------------|----------------|--------------|---------------|-----------------------|-------------|------------|---------------|-------------------|-------------|---------------|--------------|----------------|-------------|--------------------------|-------------|-------------|---------------|-----------------|--------------------------|----------------|----------------------|-----------------|-----------------|-------------|--------------|----------------|-------------|-----------------------|---------------------------|-----|
| 52 | Carey | Park | FV45+ | - | - | - | - | - | - | - | 50.29 | - | - | 51.76 | 48.96 | - | - | - | - | - | - | 51.34 | 50.33 | - | - | - | - | 252.68 | 252.68 | 42.11 | 5 | 48.96 | Yes | |
| 53 | Heather | Hillarby | FV45+ | - | - | - | 62.07 | - | - | - | 62.05 | - | - | 62.87 | - | - | - | - | - | - | - | - | - | 64.28 | - | - | - | 251.27 | 251.27 | 41.88 | 4 | 62.05 | Yes | |
| 54 | Christine | Shaw | FV45+ | 40.74 | - | 40.97 | 41.04 | 40.97 | - | - | 41.05 | - | - | - | - | - | 37.13 | 41.77 | - | - | - | - | - | - | - | - | 37.97 | DNS | 321.64 | 246.54 | 41.09 | 9 | 40.74 | Yes |
| 55 | Christine | Davies | FV45+ | - | - | - | 41.73 | - | - | - | 39.55 | - | - | 39.17 | 39.68 | - | 38.69 | - | 40.46 | - | - | - | 40.24 | - | - | - | - | 279.52 | 240.83 | 40.14 | 8 | 39.17 | Yes | |
| 56 | Anna | Harvey | < F45 | - | - | 40.29 | 40.30 | - | - | - | 41.05 | - | - | - | - | - | - | - | - | - | 38.34 | - | - | 41.99 | 34.72 | - | - | 236.69 | 236.69 | 39.45 | 6 | 34.72 | Yes | |
| 57 | Graham | Hawden | MV45+ | - | - | - | - | - | - | - | - | - | - | - | 65.61 | - | 55.80 | - | - | - | - | - | - | - | 54.05 | - | - | 236.59 | 236.59 | 39.43 | 4 | 65.61 | Yes | |
| 58 | June | Stakes | FV45+ | 59.27 | - | - | - | - | - | - | 55.52 | - | - | 59.88 | - | - | - | - | - | - | - | - | - | - | 52.58 | - | - | 227.25 | 227.25 | 37.88 | 4 | 52.58 | Yes | |
| 59 | Susan | Harrison | FV45+ | - | - | - | 75.76 | - | - | - | 73.43 | - | - | - | - | - | - | 76.62 | - | - | - | - | - | - | - | - | - | 225.81 | 225.81 | 37.64 | 3 | 73.43 | Yes | |
| 60 | Anna | Stones | < F45 | - | 55.58 | - | - | - | - | - | - | - | - | - | 56.10 | 55.61 | 54.00 | - | - | - | - | - | - | - | - | - | - | 221.29 | 221.29 | 36.88 | 4 | 54.00 | Yes | |
| 61 | James | Mace | < M45 | - | - | - | - | - | - | - | 71.88 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 70.28 | 73.56 | 215.72 | 215.72 | 35.95 | 3 | 70.28 | Yes | |
| 62 | Peter | Farnell | MV45+ | 69.87 | - | - | - | - | - | - | 69.86 | 73.96 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 213.69 | 213.69 | 35.62 | 3 | 69.86 | Yes | |
| 63 | Karen | Horton | FV45+ | - | - | - | - | 52.01 | - | - | 52.25 | - | - | 53.89 | - | - | - | - | - | - | - | - | 55.47 | - | - | - | - | 213.62 | 213.62 | 35.60 | 4 | 52.01 | Yes | |
| 64 | Richard | Wilkinson | MV45+ | - | - | - | - | - | - | - | 70.54 | - | - | - | 68.62 | - | - | 73.74 | - | - | - | - | - | - | - | - | - | 212.90 | 212.90 | 35.48 | 3 | 68.62 | Yes | |
| 65 | Amanda | Bryant | < F45 | - | - | - | - | - | - | - | 43.87 | - | 47.15 | 46.17 | - | - | - | - | - | - | - | - | 47.51 | - | - | - | - | 184.70 | 184.70 | 30.78 | 4 | 43.87 | Yes | |
| 66 | Janice | Whiteley | < F45 | - | - | - | - | - | - | - | - | - | - | 60.47 | - | - | 60.53 | - | - | - | - | - | - | - | - | - | - | 178.18 | 178.18 | 29.70 | 3 | 57.18 | No | |
| 67 | Jayne | Turner | FV45+ | - | - | - | - | - | - | - | 61.07 | - | - | 57.06 | - | - | - | - | - | - | - | - | - | - | 56.47 | - | - | 174.60 | 174.60 | 29.10 | 3 | 56.47 | No | |
| 68 | Carol | Plumridge | FV45+ | - | - | - | - | - | - | - | 60.11 | - | - | - | - | - | - | - | - | - | - | - | 57.89 | 55.81 | - | - | - | 173.81 | 173.81 | 28.97 | 3 | 57.89 | Yes | |
| 69 | Tim | Isaacs | MV45+ | - | - | 45.79 | - | - | - | - | 58.34 | - | - | 56.96 | - | - | - | - | - | - | - | - | - | - | - | - | - | 161.09 | 161.09 | 26.85 | 3 | 45.79 | Yes | |
| 70 | Peter | Loxham | MV45+ | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 76.77 | 78.60 | - | - | - | 155.37 | 155.37 | 25.90 | 2 | 76.77 | Yes | |
| 71 | Steve | Firth | MV45+ | - | - | - | - | - | - | 75.62 | - | - | - | - | 73.17 | - | - | - | - | - | - | - | - | - | - | - | - | 148.79 | 148.79 | 24.80 | 2 | 73.17 | Yes | |
| 72 | Eileen | Newman | FV45+ | - | - | - | - | - | - | - | 70.02 | - | - | - | - | - | - | - | - | - | - | - | - | 71.11 | - | - | - | 141.13 | 141.13 | 23.52 | 2 | 70.02 | Yes | |
| 73 | Peter | Mullery | MV45+ | - | 67.98 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 67.11 | - | 135.09 | 135.09 | 22.52 | 2 | 67.11 | No | |
| 74 | Andrew | Ellis | < M45 | - | - | - | - | - | - | - | 64.79 | - | - | 66.56 | - | - | - | - | - | - | - | - | - | - | - | - | - | 131.35 | 131.35 | 21.89 | 2 | 64.79 | No | |
| 75 | Sian | Davies | < F45 | - | 65.25 | - | - | - | - | - | 65.58 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 130.83 | 130.83 | 21.81 | 2 | 65.25 | Yes | |
| 76 | Denise | Ramsden | FV45+ | - | - | - | - | - | - | - | 64.19 | - | - | 64.73 | - | - | - | - | - | - | - | - | - | - | - | - | - | 128.92 | 128.92 | 21.49 | 2 | 64.19 | No | |
| 77 | Stuart | Thorpe | MV45+ | - | - | - | - | - | - | - | 58.88 | - | - | - | - | - | 65.50 | - | - | - | - | - | - | - | - | - | - | - | 124.38 | 124.38 | 20.73 | 2 | 58.88 | No |
| 78 | Jade | Johnson | < F45 | - | - | - | - | - | - | - | 41.70 | - | - | 46.32 | - | - | - | - | - | - | - | - | - | 36.16 | - | - | - | 124.18 | 124.18 | 20.70 | 3 | 41.70 | No | |
| 79 | Georgina | Spencer | < F45 | - | - | - | - | - | - | - | 60.74 | - | - | - | - | - | - | - | - | - | - | - | 56.55 | - | - | - | - | 117.29 | 117.29 | 19.55 | 2 | 56.55 | Yes | |
| 80 | Jo | Cartwright | FV45+ | - | - | - | - | - | - | - | 58.50 | - | - | - | 58.51 | - | - | - | - | - | - | - | - | - | - | - | - | 117.01 | 117.01 | 19.50 | 2 | 58.50 | Yes | |
| 81 | Tracey | Badderley | FV45+ | - | - | 57.38 | 59.41 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 116.79 | 116.79 | 19.47 | 2 | 57.38 | Yes | |
| 82 | Mike | Tomlinson | MV45+ | - | - | - | - | - | - | - | - | - | - | 63.58 | - | - | - | - | - | - | - | - | 50.89 | - | - | - | - | 114.47 | 114.47 | 19.08 | 2 | 50.89 | No | |
| 83 | Patricia | Keadin-Brown | < F45 | - | - | - | - | - | - | - | 56.55 | - | - | - | 55.90 | - | - | - | - | - | - | - | - | - | - | - | - | 112.45 | 112.45 | 18.74 | 2 | 55.90 | Yes | |
| 84 | Sarah | Wardle | FV45+ | - | - | - | 37.53 | - | - | - | 36.05 | - | - | - | 36.05 | - | - | - | - | - | - | - | - | - | - | - | - | 109.63 | 109.63 | 18.27 | 3 | 36.05 | Yes | |
| 85 | Kirsty | Breaks-Holdsworth | < F45 | - | - | 55.03 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 54.54 | - | - | - | 109.57 | 109.57 | 18.26 | 2 | 55.03 | No | |
| 86 | Kerry | Fleming | < F45 | - | - | - | 45.43 | - | - | - | - | - | - | 54.57 | - | - | - | - | - | - | - | - | - | - | - | - | - | 100.00 | 100.00 | 16.67 | 2 | 45.43 | No | |
| 87 | Rebecca | Baldwin | < F45 | - | - | - | 46.17 | - | - | - | - | - | - | 47.85 | - | - | - | - | - | - | - | - | - | - | - | - | - | 94.02 | 94.02 | 15.67 | 2 | 46.17 | No | |
| 88 | Sarah | Pagett | < F45 | - | - | 46.19 | - | - | - | - | 44.74 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 90.93 | 90.93 | 15.15 | 2 | 44.74 | Yes | |
| 89 | Carol-Ann | Davies | FV45+ | - | 79.33 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 79.33 | 79.33 | 13.22 | 1 | 79.33 | No | |
| 90 | James | Wardman | < M45 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 76.86 | - | - | - | 76.86 | 76.86 | 12.81 | 1 | 76.86 | No | |
| 91 | Helen | Auchterlonie | < F45 | - | - | - | - | - | - | - | - | - | - | 74.86 | - | - | - | - | - | - | - | - | - | - | - | - | - | 74.86 | 74.86 | 12.48 | 1 | 74.86 | No | |
| 92 | Mat | Wilson | < M45 | - | - | - | - | - | - | - | 71.05 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 71.05 | 71.05 | 11.84 | 1 | 71.05 | No | |
| 93 | Terry | Tillotson | MV45+ | - | - | - | - | - | - | - | 68.47 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 68.47 | 68.47 | 11.41 | 1 | 68.47 | No | |
| 94 | Fran | Robbs de la Hoyde | < F45 | - | - | - | - | - | - | - | 66.27 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 66.27 | 66.27 | 11.05 | 1 | 66.27 | No | |
| 95 | Dylan | Rickerby | < M45 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 66.04 | - | - | 66.04 | 66.04 | 11.01 | 1 | 66.04 | No | |
| 96 | Carmel | Harrison | FV45+ | - | - | - | - | - | - | - | 65.01 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 65.01 | 65.01 | 10.84 | 1 | 65.01 | No | |
| 97 | Katie | Best | < F45 | - | - | - | - | - | - | - | 63.66 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 63.66 | 63.66 | 10.61 | 1 | 63.66 | No | |
| 98 | Mat | Kelly | < M45 | - | - | - | - | - | - | - | - | - | - | - | - | - | 63.25 | - | - | - | - | - | - | - | - | - | - | 63.25 | 63.25 | 10.54 | 1 | 63.25 | No | |
| 99 | Dorata | Zapal | < F45 | - | - | - | - | - | - | - | 61.16 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 61.16 | 61.16 | 10.19 | 1 | 61.16 | No | |
| 100 | Jayne | Pears | FV45+ | - | 60.66 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 60.66 | 60.66 | 10.11 | 1 | 60.66 | No | |
| 101 | John | Laverick | < M45 | - | - | - | - | - | - | - | - | - | - | 59.55 | - | - | - | - | - | - | - | - | - | - | - | - | - | 59.55 | 59.55 | 9.93 | 1 | 59.55 | No | |
| 102 | Paul | Jackman | < M45 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 58.46 | - | - | 58.46 | 58.46 | 9.74 | 1 | 58.46 | No | |
| 103 | Claire | Cawthorne | < F45 | - | - | - | - | - | - | - | - | - | - | 57.86 | - | - | - | - | - | - | - | - | - | - | - | - | - | 57.86 | 57.86 | 9.64 | 1 | 57.86 | No | |
| 104 | Maggie | Murray | < F45 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 57.54 | - | - | - | 57.54 | 57.54 | 9.59 | 1 | 57.54 | No | |
| 105 | Lewis | Butterfield | < M45 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 56.78 | - | - | - | 56.78 | 56.78 | 9.46 | 1 | 56.78 | No | |

| Rank | First Name | Surname | Category (age at 1st Jan) | Dewsbury 10K | Snake Lane 10M | Bradford 10K | Wakefield 10K | Elvington Flyer 5/10M | Ackworth HM | Askern 10K | Club Handicap | 5KM - York Series | Summer Mile | Canal Race 5k | St Aildens 10K | Walkington 10K | Flat Cap 5M | York Millenium Bridge 5K | Escrick 10K | Kirkstall 7 | Pontefract HM | Scarborough 10K | Yorkshire 10M / Marathon | Abbey Dash 10k | Leeds Bah Humbug 10K | Wild Card Run 1 | Wild Card Run 2 | Total Score | Total best 6 | Average best 6 | Total Races | Lowest Counting Score | At least 2 races over 5km |
|------|------------|----------|---------------------------|--------------|----------------|--------------|---------------|-----------------------|-------------|------------|---------------|-------------------|-------------|---------------|----------------|----------------|-------------|--------------------------|-------------|-------------|---------------|-----------------|--------------------------|----------------|----------------------|-----------------|-----------------|-------------|--------------|----------------|-------------|-----------------------|---------------------------|
| 106 | Linda | Redfearn | < F45 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 55.75 | - | - | - | 55.75 | 55.75 | 9.29 | 1 | 55.75 | No |
| 107 | Alison | Berry | FV45+ | - | - | - | - | - | - | - | 54.51 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 54.51 | 54.51 | 9.09 | 1 | 54.51 | No |
| 108 | Sally | Burgess | < F45 | - | - | - | - | - | - | - | 53.80 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 53.80 | 53.80 | 8.97 | 1 | 53.80 | No |
| 109 | Hadrian | Knight | MV45+ | - | - | - | - | - | - | - | 53.63 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 53.63 | 53.63 | 8.94 | 1 | 53.63 | No |
| 110 | Stephen | Noble | MV45+ | - | - | - | - | - | - | - | 53.36 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 53.36 | 53.36 | 8.89 | 1 | 53.36 | No |
| 111 | Mark | Taylor | < M45 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 52.90 | - | - | - | 52.90 | 52.90 | 8.82 | 1 | 52.90 | No |
| 112 | Rose | Mccarthy | < F45 | - | - | - | - | - | - | - | 52.71 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 52.71 | 52.71 | 8.79 | 1 | 52.71 | No |
| 113 | Terry | Lacy | MV45+ | - | - | - | - | - | - | - | 51.20 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 51.20 | 51.20 | 8.53 | 1 | 51.20 | No |
| 114 | Susan | Gregory | FV45+ | - | - | - | - | - | - | - | 51.00 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 51.00 | 51.00 | 8.50 | 1 | 51.00 | No |
| 115 | Colin | Sykes | MV45+ | - | - | - | - | - | - | - | 50.93 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 50.93 | 50.93 | 8.49 | 1 | 50.93 | No |
| 116 | Sarah | Murden | < F45 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 49.38 | - | - | - | 49.38 | 49.38 | 8.23 | 1 | 0.00 | No |
| 117 | Jane | Leeson | FV45+ | - | - | - | - | - | - | - | 48.66 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 48.66 | 48.66 | 8.11 | 1 | 48.66 | No |
| 118 | Ben | Eckles | < M45 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 48.30 | - | - | - | 48.30 | 48.30 | 8.05 | 1 | 48.30 | No |
| 119 | Richard | Ogden | MV45+ | - | - | - | - | - | - | - | 47.82 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 47.82 | 47.82 | 7.97 | 1 | 47.82 | No |
| 120 | Caroline | Davies | < F45 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 40.60 | - | - | - | - | 40.60 | 40.60 | 6.77 | 1 | 40.60 | No |
| 121 | Sarah | Dunwell | FV45+ | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 40.32 | - | - | - | 40.32 | 40.32 | 6.72 | 1 | 0.00 | No |
| 122 | Matthew | Horton | < M45 | - | - | - | - | 38.80 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 38.80 | 38.80 | 6.47 | 1 | 38.80 | No |
| 123 | Julie | Birch | FV45+ | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 38.27 | - | - | - | - | - | 38.27 | 38.27 | 6.38 | 1 | 38.27 | No |
| 124 | Abigail | Ogden | < F45 | - | - | - | - | - | - | - | 33.12 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 33.12 | 33.12 | 5.52 | 1 | 33.12 | No |