

Rothwell Harriers Club Championship 2015

Trophy Winners

Club Champion	<i>Paul Marchant</i>	<i>503.56*</i>
Female		
V35-44 Winner	<i>Carmen Marchant</i>	<i>397.59</i>
V35-44 Runner Up	<i>Alison Smith</i>	<i>354.67</i>
V45+ Winner	<i>Carol-Ann Davies</i>	<i>480.57*</i>
V45+ Runner Up	<i>Jo Heseltine</i>	<i>432.16</i>
Male		
Senior Winner	<i>Mark Smith</i>	<i>462.82*</i>
Senior Runner Up	<i>Andrew Fleming</i>	<i>431.08</i>
V35-44 Winner	<i>Paul Marchant</i>	<i>503.56*</i>
V35-44 Runner Up	<i>Jonathan Ball</i>	<i>471.43</i>
V45+ Winner	<i>John McCarthy</i>	<i>482.97</i>
V45+ Runner Up	<i>Jason Westmoreland</i>	<i>478.61</i>
Most Improved	<i>Mick Hardisty</i>	<i>12.3%</i>

Notes:

* = Shield Winners, veteran shield goes to highest scorer in the 2 categories.

No female senior winner, as no-one completed 6 races.

Rothwell Harriers Club Championship 2015 | Final Table (6 races to count)

Name	Category (using age at 1st Jan)	Overall Rank	Brass Monkey	Dewsbury 10K	Snake Lane 10M	Wakefield 10k	Meanwood Valley	Kirkbymoorside 10k	John Carr 5k (1)	Leeds HM	Askern 10k	John Carr 5k (3)	Sandal Beat 10k	Handicap / Rothwell Park	Canal 5k	Walkington 10k	Priority 5 / 10k	York 5k	Vale of York HM	Nottingham HM or Marathon	Scarborough 10k	Wistow 10k	Harewood 5 or 10M	Guy Fawkes	Abbey Dash 10k	Wild Card Run	Total (best 6)	Average (best 6)	Total Races	Lowest counting score	
Paul Marchant	MV35-44	1		82.98		83.58			83.62	84.82		83.76	83.70														84.08	503.56	83.93	7	83.58
John McCarthy	MV45+	2		76.21	76.43	75.96						81.85	78.32	79.52	82.01			81.14		72.24	78.26	79.68			76.29	78.77	482.97	80.50	13	78.77	
Carol-Ann Davies	FV45+	3	81.12		80.52									77.09	78.85								83.19	79.80			480.57	80.10	6	77.09	
Jason Westmoreland	MV45+	4			75.64		78.48		81.23	80.14			77.95	70.76			78.42	79.78							80.07	78.91	478.61	79.77	10	78.48	
Jonathan Ball	MV35-44	5	78.91		77.59				78.52	77.41	79.18			76.09					78.34								471.43	78.57	8	77.59	
Mark Smith	MS	6									76.21			75.10	77.08	75.92			79.07				79.44				462.82	77.14	6	75.10	
Paul Brown	MV45+	7						77.53				76.79	74.90	75.21			76.17	78.67									462.05	77.01	7	75.21	
Stephen Bailey	MV45+	8	73.01	75.09					76.09	72.38	75.74		73.86	75.87	75.20			76.59	71.90						72.85	76.06	455.55	75.93	12	75.20	
Peter Mullery	MV45+	9	72.09		74.42						75.81				72.30			75.32									73.43	443.37	73.90	6	72.09
Peter Farnell	MV35-44	10	71.87	71.63	72.37				74.11		74.73			72.57	73.07			73.60									73.43	441.51	73.59	9	72.57
Jerry Kift	MV45+	11			72.92		70.42				73.38			73.41	73.84										76.25		440.22	73.37	6	70.42	
Jo Heseltine	FV45+	12		71.53	71.21		70.05							71.44	74.08		73.85						67.17				432.16	72.03	8	70.05	
Andrew Fleming	MS	13	71.00	70.67	71.45				72.11		71.26								71.32								73.94	431.08	71.85	7	71.00
Lee Barker	MV45+	14		67.41		68.30	67.51				70.44			71.80	73.75			74.42									426.22	71.04	7	67.51	
Paul Howard	MV35-44	15			71.78	70.04	67.01								68.29						69.89	67.97					414.98	69.16	6	67.01	
Roger Ward	MV45+	16					68.78				68.76		66.24	67.88									69.59				410.03	68.34	6	66.24	
Peter Swoboda	MS	17			63.95							68.64	66.07			67.74		69.49					68.44				407.75	67.96	7	66.07	
John Cassells	MV45+	18						66.87	68.06	63.49		67.16					69.03										402.25	67.04	6	63.49	
Carmen Marchant	FV35-44	19			67.82		65.88						65.37	68.07									62.41				68.04	397.59	66.27	6	62.41
Dale Richardson	MV35-44	20				62.27	60.37							60.80	62.99							63.88	65.44		63.76		379.14	63.19	7	60.80	
Graham Hawden	MV45+	21				60.84	58.85				60.26			60.92	61.41		59.31										361.59	60.27	6	58.85	
Alison Smith	FV35-44	22	53.93	57.23	54.25	56.14			56.99		51.99			52.74				62.40	48.77						61.17	60.74	354.67	59.11	11	56.14	
Mark Redhead	MV45+	23			59.29		59.00	57.05						57.09	58.00				58.06								348.49	58.08	6	57.05	
Michael Hardisty	MV45+	24			52.87	54.85			56.99		54.89			55.45	56.25				56.87								336.93	56.16	8	54.89	
Kirsten Broadley	FV35-44	25							57.78		57.35			56.36			61.07	49.14							47.79		329.49	54.92	6	47.79	
Jonathan Schofield	MS	26	49.86	53.36					54.53		53.98								46.03								55.24	313.00	52.17	6	46.03

Rothwell Harriers Club Championship 2015 - Detailed Scores by Individual

Name	Race	Compen- sation	Sex	Position	Act Time	Age	Handicap	Adj Time	Std Time	Score
Wendy Batchelor	Abbey Dash 10k		F	8210	01:07:22	44	94.02%	1:03:20	0:32:16	47.89
Andrew Baiden	Brass Monkey Half Marathon		M	665	01:42:23	40	95.99%	1:38:17	1:01:41	60.25
	Leeds Half Marathon		M	781	01:39:01	41	95.24%	1:34:18	1:02:11	62.79
	Club Handicap	5M -4.5%	M	17	00:34:08	41	93.80%	0:32:01	0:22:45	63.62
	Methley 5k		M	56	00:20:58	41	93.80%	0:19:40	0:13:45	65.58
	Vale of York Half Marathon		M	234	01:37:40	41	95.24%	1:33:01	1:02:11	63.66
Stephen Bailey	Brass Monkey Half Marathon		M	287	01:30:10	48	89.95%	1:21:06	1:05:50	73.01
	Dewsbury 10k		M	210	00:40:14	48	88.88%	0:35:46	0:30:13	75.09
	Esholt 5km (race 1)	(1.0%)	M	93	00:18:53	48	88.88%	0:16:47	0:14:31	76.09
	Leeds Half Marathon		M	278	01:30:57	48	89.95%	1:21:49	1:05:50	72.38
	Askern 10k		M	102	00:39:53	48	88.88%	0:35:27	0:30:13	75.74
	Sandal Beat 10k		M	16	00:40:54	48	88.88%	0:36:21	0:30:13	73.86
	Club Handicap	5M -4.5%	M	7	00:30:13	48	88.88%	0:26:51	0:24:00	75.87
	Methley 5k		M	21	00:19:18	48	88.88%	0:17:09	0:14:31	75.20
	York 5k		M	72	00:18:57	48	88.88%	0:16:51	0:14:31	76.59
	Vale of York Half Marathon		M	139	01:31:33	48	89.95%	1:22:21	1:05:50	71.90
	Abbey Dash 10k		M	904	00:41:28	48	88.88%	0:36:51	0:30:13	72.85
	Leeds 10k (wildcard)		M	139	00:39:43	48	88.88%	0:35:18	0:30:13	76.06
Jonathan Ball	Brass Monkey Half Marathon		M	40	01:17:34	39	96.75%	1:15:03	1:01:12	78.91
	Snake Lane 10 Mile		M	35	00:59:29	39	96.16%	0:57:12	0:46:09	77.59
	Esholt 5km (race 1)	(1.0%)	M	30	00:17:05	39	95.21%	0:16:16	0:13:33	78.52
	Leeds Half Marathon		M	24	01:19:04	39	96.75%	1:16:30	1:01:12	77.41
	Askern 10k		M	20	00:35:37	39	95.21%	0:33:55	0:28:12	79.18
	Club Handicap	5M -4.5%	M	4	00:28:20	40	94.51%	0:26:47	0:22:34	76.09
	Vale of York Half Marathon		M	18	01:18:45	40	95.99%	1:15:35	1:01:41	78.34
	Wilmslow (wildcard)		M	69	01:17:35	39	96.75%	1:15:04	1:01:12	78.89
Lee Barker	Dewsbury 10k		M	410	00:44:28	47	89.58%	0:39:50	0:29:58	67.41
	Wakefield 10km		M	185	00:43:53	47	89.58%	0:39:19	0:29:58	68.30
	Meanwood Valley Trail	12k +4%	M	100	00:55:46	47	89.83%	0:50:06	0:36:12	67.51
	Askern 10k		M	174	00:42:33	47	89.58%	0:38:07	0:29:58	70.44
	Club Handicap	5M -4.5%	M	12	00:31:41	47	89.58%	0:28:23	0:23:49	71.80
	Methley 5k		M	26	00:19:31	47	89.58%	0:17:29	0:14:24	73.75
	York 5k		M	86	00:19:21	47	89.58%	0:17:20	0:14:24	74.42
Denise Barraclough	Methley 5k		F	311	00:37:19	67	69.75%	0:26:02	0:21:13	56.86
	Scarborough 10k		F	1319	01:07:18	67	69.75%	0:46:57	0:43:29	64.62
	Abbey Dash 10k		F	8284	01:08:04	67	69.75%	0:47:29	0:43:29	63.89
David Beecroft	Snake Lane 10 Mile		M	187	01:07:27	53	85.85%	0:57:54	0:51:42	76.65
Janet Beecroft	Snake Lane 10 Mile		F	440	01:18:04	52	86.10%	1:07:13	0:57:42	73.92
Emma Bird	Wakefield 10km		F	1462	01:07:38	46	92.32%	1:02:26	0:32:51	48.58
	Club Handicap	5M -4.5%	F	48	00:53:26	46	92.32%	0:49:20	0:26:13	46.85
	Vale of York Half Marathon		F	1161	02:34:59	46	92.32%	2:23:05	1:11:19	46.01
	Scarborough 10k		F	1325	01:07:36	46	92.32%	1:02:24	0:32:51	48.60

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Name	Race	Compensation	Sex	Position	Act Time	Age	Handicap	Adj Time	Std Time	Score
Ross Blackburn	Leeds Half Marathon		M	524	01:35:28	25	100.00%	1:35:28	0:59:13	62.03
	Club Handicap	5M -4.5%	M	3	00:28:06	25	100.00%	0:28:06	0:21:20	72.50
	Methley 5k		M	4	00:17:20	25	100.00%	0:17:20	0:12:54	74.40
	York 5k		M	33	00:17:18	25	100.00%	0:17:18	0:12:54	74.57
	Abbey Dash 10k		M	429	00:36:54	25	100.00%	0:36:54	0:26:51	72.76
Myra Bracewell	Leeds Half Marathon		F	4394	02:10:11	53	85.01%	1:50:40	1:17:27	59.49
	Vale of York Half Marathon		F	826	02:05:58	54	83.92%	1:45:43	1:18:27	62.27
Kirsten Broadley	Esholt 5km (race 1)	(1.0%)	F	328	00:26:45	43	94.79%	0:25:21	0:15:37	57.78
	Askern 10k		F	572	00:55:48	43	94.79%	0:52:54	0:32:00	57.35
	Club Handicap	5M -4.5%	F	41	00:43:16	43	94.79%	0:41:00	0:25:32	56.36
	York 5k		F	82	00:25:34	43	94.79%	0:24:14	0:15:37	61.07
	Vale of York Half Marathon		F	1066	02:21:19	43	94.79%	2:13:58	1:09:27	49.14
	Abbey Dash 10k		F	8180	01:06:58	43	94.79%	1:03:29	0:32:00	47.79
Paul Brown	Esholt 5km (race 2 / Wildcard)		M	71	00:18:41	48	88.88%	0:16:36	0:14:31	77.68
	Esholt 5km (race 1)	(1.0%)	M	77	00:18:32	48	88.88%	0:16:28	0:14:31	77.53
	Esholt 5km (race 3)		M	81	00:18:54	48	88.88%	0:16:48	0:14:31	76.79
	Sandal Beat 10k		M	8	00:40:20	48	88.88%	0:35:51	0:30:13	74.90
	Club Handicap	5M -4.5%	M	8	00:30:29	48	88.88%	0:27:05	0:24:00	75.21
	Priory 5k		M	2	00:19:38	48	88.88%	0:17:27	0:14:31	76.17
	York 5k		M	57	00:18:27	48	88.88%	0:16:24	0:14:31	78.67
Jo Cartwright	Club Handicap	5M -4.5%	F	45	00:46:04	58	79.56%	0:36:39	0:30:25	63.05
	Methley 5k		F	238	00:30:09	58	79.56%	0:23:59	0:18:36	61.69
Joanna Cassells	Kirkbymoorside 10k		F	308	01:06:50	59	78.47%	0:52:27	0:38:39	59.00
	Esholt 5km (race 3)		F	370	00:30:39	59	78.47%	0:24:03	0:18:52	61.54
	York 5k		F	115	00:30:01	59	78.47%	0:23:33	0:18:52	62.83
John Cassells	Kirkbymoorside 10k		M	235	00:55:20	69	74.02%	0:40:57	0:36:16	66.87
	Esholt 5km (race 1)	(1.0%)	M	304	00:25:21	69	74.02%	0:18:46	0:17:26	68.06
	Leeds Half Marathon		M	3937	02:05:52	69	74.10%	1:33:16	1:19:55	63.49
	Esholt 5km (race 3)		M	315	00:25:57	69	74.02%	0:19:12	0:17:26	67.16
	York 5k		M	80	00:25:32	70	73.19%	0:18:41	0:17:38	69.03
	White Peak HM (Wildcard)		M	148	01:58:09	69	74.10%	1:27:33	1:19:55	67.64
Joanna Clarke	Wakefield 10km		F	1268	01:02:05	33	99.57%	1:01:49	0:30:28	49.07
	Club Handicap	5M -4.5%	F	46	00:47:08	33	99.57%	0:46:56	0:24:18	49.24
	Methley 5k		F	229	00:30:00	33	99.57%	0:29:52	0:14:52	49.56
	Scarborough 10k		F	1242	01:04:52	33	99.57%	1:04:35	0:30:28	46.96
Carole Clifford	Brass Monkey Half Marathon		F	1130	01:58:27	50	88.28%	1:44:34	1:14:34	62.96
	Snake Lane 10 Mile		F	588	01:24:49	50	88.28%	1:14:53	0:56:17	66.35
	Askern 10k		F	522	00:53:57	50	88.28%	0:47:38	0:34:22	63.69
Sarah Clough	Methley 5k		F	324	00:41:57	42	95.51%	0:40:04	0:15:30	36.93
	Abbey Dash 10k		F	8279	01:08:02	42	95.51%	1:04:59	0:31:46	46.68
Graham Curle	Vale of York Half Marathon		M	806	02:05:09	40	95.99%	2:00:08	1:01:41	49.30
Carol-Ann Davies	Brass Monkey Half Marathon		F	629	01:42:00	58	79.56%	1:21:09	1:22:45	81.12
	Snake Lane 10 Mile		F	449	01:18:38	59	78.47%	1:01:42	1:03:19	80.52
	Club Handicap	5M -4.5%	F	28	00:38:12	59	78.47%	0:29:59	0:30:50	77.09
	Methley 5k		F	104	00:23:55	59	78.47%	0:18:46	0:18:52	78.85
	Wistow 10k		F	87	00:46:28	59	78.47%	0:36:28	0:38:39	83.19
	Guy Fawkes 10 Mile	4%	F	265	01:22:31	59	78.47%	1:04:45	1:03:19	79.80

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Name	Race	Compen- sation	Sex	Position	Act Time	Age	Handicap	Adj Time	Std Time	Score
Caroline Davies	Wakefield 10km		F	1267	01:02:05	30	99.97%	1:02:04	0:30:21	48.87
	Leeds Half Marathon		F	6359	02:46:12	30	99.97%	2:46:09	1:05:51	39.62
	Scarborough 10k		F	1256	01:05:13	30	99.97%	1:05:12	0:30:21	46.53
	Abbey Dash 10k		F	5963	00:59:58	30	99.97%	0:59:57	0:30:21	50.60
Christine Davies	Wakefield 10km		F	1666	01:24:13	51	87.19%	1:13:26	0:34:47	41.31
	Leeds Half Marathon		F	6628	03:21:40	51	87.19%	2:55:50	1:15:30	37.44
	Methley 5k		F	325	00:43:48	51	87.19%	0:38:11	0:16:58	38.75
	Scarborough 10k		F	1557	01:33:05	52	86.10%	1:20:09	0:35:14	37.85
	Abbey Dash 10k		F	8933	01:29:22	52	86.10%	1:16:57	0:35:14	39.42
Claire Easton	Club Handicap	5M -4.5%	F	30	00:39:16	42	95.51%	0:37:30	0:25:20	61.63
	Methley 5k		F	122	00:24:48	42	95.51%	0:23:41	0:15:30	62.47
Sam Ellis	Snake Lane 10 Mile		M	168	01:06:49	33	99.55%	1:06:31	0:44:35	66.73
	Methley 5k		M	27	00:19:33	33	98.85%	0:19:19	0:13:03	66.76
	Melbourne 10k (wildcard)		M	142	00:42:20	33	98.85%	0:41:51	0:27:10	64.16
Phillip Emms	Methley 5k		M	61	00:21:12	33	98.85%	0:20:57	0:13:03	61.57
Peter Farnell	Brass Monkey Half Marathon		M	220	01:27:54	43	93.73%	1:22:23	1:03:11	71.87
	Dewsbury 10k		M	231	00:40:34	43	92.40%	0:37:29	0:29:04	71.63
	Snake Lane 10 Mile		M	153	01:05:48	43	93.21%	1:01:20	0:47:37	72.37
	Esholt 5km (race 1)	(1.0%)	M	82	00:18:39	43	92.40%	0:17:14	0:13:58	74.11
	Askern 10k		M	75	00:39:11	44	91.69%	0:35:56	0:29:17	74.73
	Club Handicap	5M -4.5%	M	9	00:30:37	44	91.69%	0:28:04	0:23:16	72.57
	Methley 5k		M	20	00:19:15	44	91.69%	0:17:39	0:14:04	73.07
	York 5k		M	80	00:19:07	44	91.69%	0:17:32	0:14:04	73.60
	Wilmslow (wildcard)		M	238	01:26:02	43	93.73%	1:20:38	1:03:11	73.43
Andrew Fleming	Brass Monkey Half Marathon		M	118	01:23:32	33	99.84%	1:23:24	0:59:19	71.00
	Dewsbury 10k		M	144	00:38:26	33	98.85%	0:37:59	0:27:10	70.67
	Snake Lane 10 Mile		M	80	01:02:24	33	99.55%	1:02:07	0:44:35	71.45
	Esholt 5km (race 1)	(1.0%)	M	62	00:17:55	33	98.85%	0:17:43	0:13:03	72.11
	Askern 10k		M	54	00:38:07	33	98.85%	0:37:41	0:27:10	71.26
	Vale of York Half Marathon		M	45	01:23:10	33	99.84%	1:23:02	0:59:19	71.32
	Esholt 5km (race 2 / Wildcard)		M	40	00:17:39	33	98.85%	0:17:27	0:13:03	73.94
	Leeds Half Marathon		F	5823	02:29:04	36	98.70%	2:27:08	1:06:42	44.75
Louise Fox	Club Handicap	5M -4.5%	F	47	00:47:26	37	98.30%	0:46:37	0:24:37	49.57
	Club Handicap	5M -4.5%	M	11	00:31:35	38	95.92%	0:30:17	0:22:14	67.26
Tony Gardner	Methley 5k		M	19	00:19:10	38	95.92%	0:18:23	0:13:27	70.19
Lucy Gilliard	Wakefield 10km		F	775	00:52:10	44	94.02%	0:49:03	0:32:16	61.85
	Club Handicap	5M -4.5%	F	31	00:39:25	44	94.02%	0:37:04	0:25:44	62.36
	Methley 5k		F	139	00:25:47	44	94.02%	0:24:15	0:15:44	61.05
	York 5k		F	73	00:24:48	44	94.02%	0:23:19	0:15:44	63.47
Mike Gledhill	London (wildcard)		M	33656	05:37:33	70	73.53%	4:08:12	2:49:53	50.33
Mick Gomersall	Club Handicap	5M -4.5%	M	16	00:33:57	46	90.28%	0:30:39	0:23:38	66.48
Elizabeth Green	Wakefield 10km		F	1445	01:06:41	50	88.28%	0:58:52	0:34:22	51.53
	Methley 5k		F	286	00:34:02	50	88.28%	0:30:03	0:16:46	49.26
Louise Haley	Abbey Dash 10k		F	8222	01:07:28	48	90.40%	1:00:59	0:33:33	49.74

Rothwell Harriers Club Championship 2015 - Detailed Scores by Individual

Name	Race	Compen- sation	Sex	Position	Act Time	Age	Handicap	Adj Time	Std Time	Score
Michael Hardisty	Dewsbury 10k		M	887	00:57:36	49	88.17%	0:50:47	0:30:27	52.87
	Snake Lane 10 Mile		M	740	01:31:07	49	88.80%	1:20:55	0:49:59	54.85
	Esholt 5km (race 1)	(1.0%)	M	308	00:25:25	49	88.17%	0:22:25	0:14:38	56.99
	Askern 10k		M	562	00:55:29	49	88.17%	0:48:55	0:30:27	54.89
	Club Handicap	5M -4.5%	M	38	00:41:41	49	88.17%	0:36:45	0:24:12	55.45
	Methley 5k		M	143	00:26:01	49	88.17%	0:22:56	0:14:38	56.25
	Vale of York Half Marathon		M	636	01:56:44	49	89.20%	1:44:07	1:06:23	56.87
	Leeds 10k (wildcard)		M	2307	00:53:55	49	88.17%	0:47:32	0:30:27	56.48
Sarah Harris	Dewsbury 10k		F	1000	01:03:12	37	98.30%	1:02:08	0:30:51	48.83
	Askern 10k		F	674	01:01:22	37	98.30%	1:00:19	0:30:51	50.28
	York 5k		F	114	00:29:49	38	97.85%	0:29:11	0:15:08	50.73
	Scarborough 10k		F	1089	01:00:37	38	97.85%	0:59:19	0:31:00	51.14
	Harewood 5M	+ 5%	F	94	00:54:08	38	97.85%	0:52:58	0:24:44	47.97
Graham Hawden	Wakefield 10km		M	629	00:52:08	54	84.65%	0:44:08	0:31:43	60.84
	Meanwood Valley Trail	12k +4%	M	263	01:07:45	54	84.82%	0:57:28	0:38:20	58.85
	Askern 10k		M	495	00:52:38	54	84.65%	0:44:33	0:31:43	60.26
	Club Handicap	5M -4.5%	M	32	00:39:30	54	84.65%	0:33:27	0:25:12	60.92
	Methley 5k		M	123	00:24:49	54	84.65%	0:21:00	0:15:14	61.41
	Priory 10k		M	173	00:55:05	54	84.65%	0:46:38	0:31:43	59.31
Clair Hedges	Askern 10k		F	668	01:01:09	34	99.34%	1:00:45	0:30:32	49.93
Jo Heseltine	Dewsbury 10k		F	529	00:47:27	49	89.37%	0:42:24	0:33:56	71.53
	Snake Lane 10 Mile		F	457	01:19:02	50	88.28%	1:09:46	0:56:17	71.21
	Meanwood Valley Trail	12k +4%	F	190	01:01:40	50	88.28%	0:54:26	0:41:32	70.05
	Club Handicap	5M -4.5%	F	25	00:36:39	50	88.28%	0:32:21	0:27:25	71.44
	Methley 5k		F	85	00:22:38	50	88.28%	0:19:59	0:16:46	74.08
	Priory 5k		F	12	00:23:23	50	88.28%	0:20:39	0:16:46	73.85
	Harewood 5M	+ 5%	F	37	00:42:51	50	88.28%	0:37:50	0:27:25	67.17
	London (wildcard)		F	10065	03:47:23	50	86.38%	3:16:25	2:36:46	68.94
Paul Howard	Dewsbury 10k		M	158	00:38:43	37	96.62%	0:37:24	0:27:47	71.78
	Snake Lane 10 Mile		M	125	01:04:55	37	97.61%	1:03:22	0:45:28	70.04
	Meanwood Valley Trail	12k +4%	M	59	00:52:02	37	96.99%	0:50:28	0:33:32	67.01
	Methley 5k		M	33	00:19:42	38	95.92%	0:18:53	0:13:27	68.29
	Nottingham Half Marathon		M	206	01:26:54	38	97.50%	1:24:44	1:00:44	69.89
	Scarborough 10k		M	78	00:41:11	38	95.92%	0:39:30	0:28:00	67.97
Stephen Kellett	Club Handicap	5M -4.5%	M	26	00:36:48	63	78.32%	0:28:49	0:27:14	70.69
Elaine Kelly	Brass Monkey Half Marathon		F	1064	01:55:46	48	90.40%	1:44:39	1:12:49	62.91
Hayley Kenny	Methley 5k		F	204	00:29:00	54	83.92%	0:24:21	0:17:38	60.80
	York 5k		F	84	00:25:40	54	83.92%	0:21:32	0:17:38	68.71
	Nottingham Half Marathon		F	2875	01:55:14	54	83.92%	1:36:42	1:18:27	68.08
	Abbey Dash 10k		F	2971	00:51:53	54	83.92%	0:43:32	0:36:09	69.67
Jerry Kift	Dewsbury 10k		M	454	00:45:23	59	81.13%	0:36:49	0:33:06	72.92
	Meanwood Valley Trail	12k +4%	M	156	00:59:07	59	81.23%	0:48:01	0:40:02	70.42
	Askern 10k		M	255	00:45:06	59	81.13%	0:36:35	0:33:06	73.38
	Club Handicap	5M -4.5%	M	18	00:34:13	59	81.13%	0:27:45	0:26:18	73.41
	Methley 5k		M	68	00:21:32	59	81.13%	0:17:28	0:15:54	73.84
Abbey Dash 10k		M	1728	00:43:47	60	80.43%	0:35:13	0:33:23	76.25	

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Name	Race	Compen- sation	Sex	Position	Act Time	Age	Handicap	Adj Time	Std Time	Score
Hadrian Knight	Club Handicap	5M -4.5%	M	6	00:30:07	43	92.40%	0:27:50	0:23:05	73.21
Terence Lacy	Askern 10k		M	442	00:50:52	50	87.47%	0:44:30	0:30:42	60.35
	Club Handicap	5M -4.5%	M	36	00:41:23	51	86.76%	0:35:54	0:24:35	56.75
	Methley 5k		M	103	00:23:53	51	86.76%	0:20:44	0:14:52	62.24
Jasmine Laidler	Methley 5k		F	48	00:20:45	18	98.93%	0:20:32	0:14:58	72.09
Philip Lang	Club Handicap	5M -4.5%	M	42	00:45:33	39	95.21%	0:43:22	0:22:24	46.98
Carole Lennon	Wakefield 10km		F	1251	01:02:03	45	93.19%	0:57:49	0:32:33	52.46
Darren Lennon	Club Handicap	5M -4.5%	M	21	00:35:35	40	94.51%	0:33:38	0:22:34	60.58
	Methley 5k		M	96	00:23:08	40	94.51%	0:21:51	0:13:39	59.02
Lisa Lennon	Club Handicap	5M -4.5%	F	27	00:37:58	37	98.30%	0:37:19	0:24:37	61.93
	Methley 5k		F	114	00:24:29	37	98.30%	0:24:04	0:15:03	61.48
Andrew Liddle	Dewsbury 10k		M	623	00:49:06	41	93.80%	0:46:03	0:28:37	58.30
Helen Mann	Methley 5k		F	219	00:29:29	53	85.01%	0:25:04	0:17:25	59.04
	Priory 10k		F	236	01:01:50	53	85.01%	0:52:34	0:35:41	59.44
	Abbey Dash 10k		F	5578	00:56:15	54	83.92%	0:47:12	0:36:09	64.26
Carmen Marchant	Snake Lane 10 Mile		F	401	01:16:42	42	95.51%	1:13:15	0:52:01	67.82
	Meanwood Valley Trail	12k +4%	F	178	01:00:36	42	95.51%	0:57:53	0:38:23	65.88
	Sandal Beat 10k		F	90	00:48:35	42	95.51%	0:46:24	0:31:46	65.37
	Club Handicap	5M -4.5%	F	20	00:35:33	42	95.51%	0:33:57	0:25:20	68.07
	Harewood 10m	+ 5%	F	187	01:28:11	43	94.79%	1:23:35	0:52:25	62.41
	Thirsk (wildcard)		F	391	01:15:27	42	96.78%	1:13:01	0:51:20	68.04
Paul Marchant	Snake Lane 10 Mile		M	10	00:56:29	41	94.69%	0:53:29	0:46:52	82.98
	Meanwood Valley Trail	12k +4%	M	3	00:43:19	42	93.41%	0:40:28	0:34:49	83.58
	Leeds Half Marathon		M	8	01:14:57	42	94.48%	1:10:49	1:02:41	83.62
	Askern 10k		M	6	00:34:00	42	93.10%	0:31:39	0:28:50	84.82
	Sandal Beat 10k		M	1	00:34:26	42	93.10%	0:32:03	0:28:50	83.76
	Club Handicap	5M -4.5%	M	1	00:26:09	42	93.10%	0:24:20	0:22:55	83.70
	Thirsk (wildcard)		M	11	00:55:45	41	94.69%	0:52:47	0:46:52	84.08
Angela Mccarthy	Abbey Dash 10k		F	6787	01:04:58	50	88.28%	0:57:21	0:34:22	52.89
John McCarthy	Dewsbury 10k		M	286	00:41:58	55	83.95%	0:35:14	0:31:59	76.21
	Snake Lane 10 Mile		M	213	01:08:49	55	84.38%	0:58:04	0:52:36	76.43
	Wakefield 10km		M	148	00:42:28	56	83.24%	0:35:21	0:32:15	75.96
	Esholt 5km (race 3)		M	84	00:18:56	56	83.24%	0:15:46	0:15:30	81.85
	Sandal Beat 10k		M	19	00:41:11	56	83.24%	0:34:17	0:32:15	78.32
	Club Handicap	5M -4.5%	M	10	00:30:47	56	83.24%	0:25:37	0:25:38	79.52
	Methley 5k		M	14	00:18:54	56	83.24%	0:15:44	0:15:30	82.01
	York 5k		M	77	00:19:06	56	83.24%	0:15:54	0:15:30	81.14
	Nottingham Half Marathon		M	796	01:37:41	56	83.92%	1:21:59	1:10:34	72.24
	Scarborough 10k		M	79	00:41:13	56	83.24%	0:34:19	0:32:15	78.26
	Wistow 10k		M	38	00:40:29	56	83.24%	0:33:42	0:32:15	79.68
	Abbey Dash 10k		M	1136	00:42:17	56	83.24%	0:35:12	0:32:15	76.29
	Brinsworth 10k (wildcard)		M	18	00:40:57	56	83.24%	0:34:05	0:32:15	78.77
Lynne Metcalfe	York 5k		F	48	00:22:56	47	91.39%	0:20:58	0:16:12	70.61
Joanne Money	Methley 5k		F	283	00:33:39	49	89.37%	0:30:04	0:16:34	49.22
	Vale of York Half Marathon		F	1067	02:21:19	49	89.37%	2:06:18	1:13:40	52.12
	Abbey Dash 10k		F	8179	01:06:58	49	89.37%	0:59:51	0:33:56	50.68

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Name	Race	Compensation	Sex	Position	Act Time	Age	Handicap	Adj Time	Std Time	Score
Derek Mosby	Wakefield 10km		M	1153	01:00:05	66	76.20%	0:45:47	0:35:14	58.65
	Askern 10k		M	628	00:59:21	67	75.50%	0:44:49	0:35:34	59.92
	York 5k		M	109	00:29:09	67	75.50%	0:22:00	0:17:05	58.61
Peter Mullery	Brass Monkey Half Marathon		M	481	01:37:53	56	83.92%	1:22:09	1:10:34	72.09
	Snake Lane 10 Mile		M	272	01:11:18	56	83.64%	0:59:38	0:53:04	74.42
	Askern 10k		M	175	00:42:33	56	83.24%	0:35:25	0:32:15	75.81
	Methley 5k		M	66	00:21:26	56	83.24%	0:17:51	0:15:30	72.30
	York 5k		M	117	00:20:45	57	82.54%	0:17:08	0:15:38	75.32
	London (wildcard)		M	4456	03:20:43	56	84.76%	2:50:08	2:27:23	73.43
	Wakefield 10km		M	1160	00:59:45	41	93.80%	0:56:03	0:28:37	47.91
Lee Muncaster	Brass Monkey Half Marathon		M	657	01:42:11	42	94.48%	1:36:33	1:02:41	61.34
James Nichols	Abbey Dash 10k		M	5967	1:0:00	39	95.21%	0:57:08	0:28:12	47.00
Matthew Nutter	Snake Lane 10 Mile		M	279	01:11:47	65	77.01%	0:55:17	0:57:38	80.29
	Wakefield 10km		M	180	00:43:38	65	76.91%	0:33:34	0:34:55	80.01
	Askern 10k		M	209	00:43:40	65	76.91%	0:33:35	0:34:55	79.95
	York 5k		M	18	00:21:33	65	76.91%	0:16:34	0:16:46	77.83
	Wistow 10k		M	64	00:43:30	65	76.91%	0:33:27	0:34:55	80.26
Keith Pailing	Dewsbury 10k		F	376	00:44:02	35	99.04%	0:43:37	0:30:38	69.55
	Leeds Half Marathon		F	1141	01:43:03	35	99.04%	1:42:04	1:06:28	64.50
Cara Palmer	Club Handicap	5M -4.5%	M	22	00:35:37	30	99.75%	0:35:32	0:21:23	57.34
	Abbey Dash 10k		M	1700	00:45:02	31	99.52%	0:44:49	0:26:59	59.91
Chris Parker	Methley 5k		F	205	00:29:01	35	99.04%	0:28:44	0:14:57	51.50
	Nottingham Half Marathon		F	4565	02:08:26	35	99.04%	2:07:12	1:06:28	51.76
Clair Parker	Abbey Dash 10k		F	6066	1:0:00	35	99.04%	0:59:25	0:30:38	51.05
	Brass Monkey Half Marathon		F	1298	02:08:27	31	99.89%	2:08:19	1:05:54	51.31
	Leeds Half Marathon		F	5034	02:17:04	32	99.76%	2:16:44	1:06:00	48.15
Ian Petrie	Snake Lane 10 Mile		M	634	01:25:47	57	82.90%	1:11:07	0:53:32	62.41
Joanne Pratt	Wakefield 10km		F	570	00:51:18	49	89.37%	0:45:51	0:33:56	66.16
	Club Handicap	5M -4.5%	F	29	00:39:02	50	88.28%	0:34:28	0:27:25	67.07
	Methley 5k		F	119	00:24:38	50	88.28%	0:21:45	0:16:46	68.03
	Priory 10k		F	170	00:54:46	50	88.28%	0:48:21	0:34:22	64.62
Susan Pumford	Snake Lane 10 Mile		F	865	01:41:12	45	93.19%	1:34:18	0:53:19	52.68
	Club Handicap	5M -4.5%	F	39	00:41:47	45	93.19%	0:38:56	0:25:58	59.35
	Abbey Dash 10k		F	4962	00:56:50	46	92.32%	0:52:28	0:32:51	57.81
Denise Ramsden	Esholt 5km (race 1)	(1.0%)	F	277	00:24:12	49	89.37%	0:21:38	0:16:34	67.75
	Club Handicap	5M -4.5%	F	35	00:41:00	49	89.37%	0:36:38	0:27:05	63.08
	Methley 5k		F	126	00:25:00	49	89.37%	0:22:21	0:16:34	66.23
Marc Randall	Brass Monkey Half Marathon		M	530	01:38:43	39	96.75%	1:35:31	1:01:12	62.00
	Meanwood Valley Trail	12k +4%	M	99	00:55:42	39	95.56%	0:53:14	0:34:02	63.53
	Leeds Half Marathon		M	4924	02:15:35	40	95.99%	2:10:09	1:01:41	45.50
	Askern 10k		M	216	00:43:45	40	94.51%	0:41:21	0:28:25	64.94
Emma Rawson	Snake Lane 10 Mile		F	586	01:24:46	41	96.17%	1:21:31	0:51:40	60.95
	Meanwood Valley Trail	12k +4%	F	233	01:05:08	42	95.51%	1:02:13	0:38:23	61.30

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Name	Race	Compen- sation	Sex	Position	Act Time	Age	Handicap	Adj Time	Std Time	Score
Mark Redhead	Dewsbury 10k		M	741	00:53:03	53	85.36%	0:45:17	0:31:27	59.29
	Wakefield 10km		M	706	00:53:19	53	85.36%	0:45:31	0:31:27	59.00
	Meanwood Valley Trail	12k +4%	M	287	01:09:53	54	84.82%	0:59:17	0:38:20	57.05
	Club Handicap	5M -4.5%	M	40	00:42:10	54	84.65%	0:35:41	0:25:12	57.09
	Methley 5k		M	146	00:26:16	54	84.65%	0:22:15	0:15:14	58.00
	Vale of York Half Marathon		M	696	01:59:24	54	85.42%	1:41:59	1:09:19	58.06
Sue Redhead	Askern 10k		F	474	00:51:57	50	88.28%	0:45:52	0:34:22	66.14
	Club Handicap	5M -4.5%	F	34	00:40:42	50	88.28%	0:35:56	0:27:25	64.32
	Vale of York Half Marathon		F	746	02:01:31	50	88.28%	1:47:17	1:14:34	61.37
Mark Reynolds	Askern 10k		M	459	00:51:18	54	84.65%	0:43:26	0:31:43	61.83
Dale Richardson	Wakefield 10km		M	203	00:44:19	36	97.29%	0:43:07	0:27:36	62.27
	Meanwood Valley Trail	12k +4%	M	125	00:57:22	36	97.65%	0:56:01	0:33:18	60.37
	Club Handicap	5M -4.5%	M	19	00:34:27	36	97.29%	0:33:30	0:21:56	60.80
	Methley 5k		M	59	00:21:03	36	97.29%	0:20:29	0:13:16	62.99
	Scarborough 10k		M	144	00:43:30	37	96.62%	0:42:02	0:27:47	63.88
	Wistow 10k		M	53	00:42:28	37	96.62%	0:41:02	0:27:47	65.44
	Abbey Dash 10k		M	1421	00:43:35	37	96.62%	0:42:07	0:27:47	63.76
Paul Sanderson	Wakefield 10km		M	506	00:50:18	53	85.36%	0:42:56	0:31:27	62.53
	Club Handicap	5M -4.5%	M	23	00:35:49	54	84.65%	0:30:19	0:25:12	67.20
	Methley 5k		M	76	00:22:04	54	84.65%	0:18:41	0:15:14	69.07
	Abbey Dash 10k		M	2061	00:46:16	54	84.65%	0:39:10	0:31:43	68.56
Emma Scanlan	Walkington 10k		F	177	00:49:07	42	95.51%	0:46:55	0:31:46	64.66
	York 5k		F	49	00:22:57	42	95.51%	0:21:55	0:15:30	67.52
	Vale of York Half Marathon		F	301	01:41:22	42	95.51%	1:36:49	1:08:56	68.00
Jonathan Schofield	Brass Monkey Half Marathon		M	1135	01:58:57	33	99.84%	1:58:46	0:59:19	49.86
	Dewsbury 10k		M	677	00:50:54	33	98.85%	0:50:19	0:27:10	53.36
	Esholt 5km (race 1)	(1.0%)	M	262	00:23:48	34	98.40%	0:23:25	0:13:07	54.53
	Askern 10k		M	433	00:50:33	34	98.40%	0:49:44	0:27:17	53.98
	Vale of York Half Marathon		M	907	02:09:10	34	99.60%	2:08:39	0:59:27	46.03
	Esholt 5km (race 2 / Wildcard)		M	247	00:23:44	34	98.40%	0:23:21	0:13:07	55.24
Brian Shaw	Club Handicap	5M -4.5%	M	44	00:45:57	51	86.76%	0:39:52	0:24:35	51.11
	Methley 5k		M	216	00:29:24	52	86.06%	0:25:18	0:14:59	50.99
	Priory 5k		M	32	00:28:54	52	86.06%	0:24:52	0:14:59	53.42
	Scarborough 10k		M	1118	01:01:30	52	86.06%	0:52:56	0:31:12	50.73
	Abbey Dash 10k		M	5916	00:59:38	52	86.06%	0:51:19	0:31:12	52.32
Christine Shaw	Wakefield 10km		F	1689	01:33:18	43	94.79%	1:28:26	0:32:00	34.30
	Methley 5k		F	331	00:45:45	44	94.02%	0:43:01	0:15:44	34.41
	Priory 5k		F	85	00:45:35	44	94.02%	0:42:51	0:15:44	35.57
	Scarborough 10k		F	1556	01:33:14	44	94.02%	1:27:39	0:32:16	34.60
	Abbey Dash 10k		F	9022	01:32:10	44	94.02%	1:26:39	0:32:16	35.00
Debbie Shearman	Wakefield 10km		F	584	00:51:42	43	94.79%	0:49:00	0:32:00	61.90

Rothwell Harriers Club Championship 2015 - Detailed Scores by Individual

Name	Race	Compen- sation	Sex	Position	Act Time	Age	Handicap	Adj Time	Std Time	Score
Alison Smith	Brass Monkey Half Marathon		F	1282	02:06:56	41	96.17%	2:02:04	1:08:27	53.93
	Dewsbury 10k		F	797	00:55:07	41	96.17%	0:53:00	0:31:32	57.23
	Snake Lane 10 Mile		F	818	01:35:14	41	96.17%	1:31:35	0:51:40	54.25
	Wakefield 10km		F	914	00:56:11	41	96.17%	0:54:02	0:31:32	56.14
	Esholt 5km (race 1)	(1.0%)	F	327	00:26:44	41	96.17%	0:25:43	0:15:23	56.99
	Askern 10k		F	660	01:00:40	41	96.17%	0:58:21	0:31:32	51.99
	Club Handicap	5M -4.5%	F	43	00:45:34	41	96.17%	0:43:49	0:25:10	52.74
	York 5k		F	75	00:24:50	42	95.51%	0:23:43	0:15:30	62.40
	Vale of York Half Marathon		F	1065	02:21:19	42	95.51%	2:14:59	1:08:56	48.77
	Abbey Dash 10k		F	3264	00:51:55	42	95.51%	0:49:35	0:31:46	61.17
	York 10k wildcard		F	1256	00:52:17	42	95.51%	0:49:56	0:31:46	60.74
Hazel Smith	Club Handicap	5M -4.5%	F	33	00:39:45	42	95.51%	0:37:58	0:25:20	60.88
Ian Smith	Methley 5k		M	49	00:20:48	43	92.40%	0:19:13	0:13:58	67.14
Mark Smith	Askern 10k		M	15	00:35:14	26	100.00%	0:35:14	0:26:51	76.21
	Club Handicap	5M -4.5%	M	2	00:27:08	26	100.00%	0:27:08	0:21:20	75.10
	Methley 5k		M	1	00:16:44	26	100.00%	0:16:44	0:12:54	77.08
	Walkington 10k		M	5	00:35:22	26	100.00%	0:35:22	0:26:51	75.92
	Vale of York Half Marathon		M	7	01:14:53	27	100.00%	1:14:53	0:59:13	79.07
	Wistow 10k		M	3	00:33:48	27	100.00%	0:33:48	0:26:51	79.44
Daniel Stone	Abbey Dash 10k		M	1542	00:44:30	33	98.85%	0:43:59	0:27:10	61.04
Peter Swoboda	Snake Lane 10 Mile		M	239	01:09:43	33	99.55%	1:09:24	0:44:35	63.95
	Esholt 5km (race 3)		M	91	00:19:06	34	98.40%	0:18:48	0:13:07	68.64
	Sandal Beat 10k		M	21	00:41:18	34	98.40%	0:40:38	0:27:17	66.07
	Walkington 10k		M	29	00:40:17	34	98.40%	0:39:38	0:27:17	67.74
	York 5k		M	67	00:18:52	34	98.40%	0:18:34	0:13:07	69.49
	Wistow 10k		M	30	00:39:52	34	98.40%	0:39:14	0:27:17	68.44
	Edinburgh Half (wildcard)		M	337	01:28:15	34	99.60%	1:27:54	0:59:27	67.37
Harry Tancos	Snake Lane 10 Mile		M	114	01:04:40	20	98.91%	1:03:58	0:44:52	69.39
Deborah Tee	Dewsbury 10k		F	796	00:55:06	39	97.34%	0:53:38	0:31:10	56.56
David Thorpe	Dewsbury 10k		M	241	00:41:01	50	87.47%	0:35:53	0:30:42	74.84
Stuart Thorpe	Abbey Dash 10k		M	2700	00:49:41	46	90.28%	0:44:51	0:29:44	59.86
Terry Tillotson	Club Handicap	5M -4.5%	M	5	00:29:51	42	93.10%	0:27:47	0:22:55	73.31
	Methley 5k		M	28	00:19:36	42	93.10%	0:18:15	0:13:51	70.71
	Vale of York Half Marathon		M	98	01:29:03	42	94.48%	1:24:08	1:02:41	70.38
Roger Ward	Meanwood Valley Trail	12k +4%	M	143	00:58:28	55	84.10%	0:49:10	0:38:40	68.78
	Askern 10k		M	298	00:46:31	55	83.95%	0:39:03	0:31:59	68.76
	Sandal Beat 10k		M	86	00:48:17	55	83.95%	0:40:32	0:31:59	66.24
	Club Handicap	5M -4.5%	M	24	00:36:03	56	83.24%	0:30:01	0:25:38	67.88
	York 5k		M	137	00:22:32	56	83.24%	0:18:45	0:15:30	68.78
	Wistow 10k		M	86	00:46:21	56	83.24%	0:38:35	0:32:15	69.59
Sarah Wardle	Wakefield 10km		F	1582	01:13:38	42	95.51%	1:10:20	0:31:46	43.13
Richard Welsh	Abbey Dash 10k		M	1365	00:43:14	29	99.91%	0:43:12	0:26:52	62.16

Rothwell Harriers Club Championship 2015 - Detailed Scores by Individual

Name	Race	Compensation	Sex	Position	Act Time	Age	Handicap	Adj Time	Std Time	Score
Jason Westmoreland	Snake Lane 10 Mile		M	127	01:05:00	47	90.27%	0:58:41	0:49:10	75.64
	Meanwood Valley Trail	12k +4%	M	24	00:47:58	47	89.83%	0:43:05	0:36:12	78.48
	Esholt 5km (race 1)	(1.0%)	M	51	00:17:33	47	89.58%	0:15:43	0:14:24	81.23
	Askern 10k		M	44	00:37:24	47	89.58%	0:33:30	0:29:58	80.14
	Sandal Beat 10k		M	2	00:38:27	47	89.58%	0:34:27	0:29:58	77.95
	Club Handicap	5M -4.5%	M	14	00:32:08	47	89.58%	0:28:47	0:23:49	70.76
	Priory 10k		M	14	00:39:22	47	89.58%	0:35:16	0:29:58	78.42
	York 5k		M	49	00:18:03	47	89.58%	0:16:10	0:14:24	79.78
	Abbey Dash 10k		M	476	00:37:26	47	89.58%	0:33:32	0:29:58	80.07
	Leeds 10k (wildcard)		M	80	00:37:59	47	89.58%	0:34:02	0:29:58	78.91
Craig Whiteley	Dewsbury 10k		M	318	00:42:52	51	86.76%	0:37:11	0:30:57	72.19
	Snake Lane 10 Mile		M	257	01:10:39	51	87.32%	1:01:41	0:50:50	71.94
	Leeds Half Marathon		M	600	01:36:35	51	87.69%	1:24:42	1:07:32	69.92
	Club Handicap	5M -4.5%	M	13	00:32:01	51	86.76%	0:27:47	0:24:35	73.33
	Abbey Dash 10k		M	1164	00:42:34	52	86.06%	0:36:38	0:31:12	73.29
Richard Wilson	Askern 10k		M	207	00:43:38	42	93.10%	0:40:37	0:28:50	66.10
	Methley 5k		M	42	00:20:15	42	93.10%	0:18:52	0:13:51	68.40
	St Annes (wildcard)		M	52	01:06:40	42	93.95%	1:02:38	0:47:14	70.86
Chloe Wood	Snake Lane 10 Mile		F	146	01:05:34	32	99.76%	1:05:25	0:49:48	75.96
John Wood	Snake Lane 10 Mile		M	147	01:05:32	32	99.79%	1:05:24	0:44:29	67.87
Edward Wyke-Ulliott	Brass Monkey Half Marathon		M	532	01:38:44	42	94.48%	1:33:17	1:02:41	63.48
	Snake Lane 10 Mile		M	270	01:11:02	42	93.95%	1:06:44	0:47:14	66.51
	Esholt 5km (race 1)	(1.0%)	M	165	00:20:29	43	92.40%	0:18:56	0:13:58	67.48
	Askern 10k		M	231	00:44:11	43	92.40%	0:40:50	0:29:04	65.77
	York 5k		M	129	00:21:35	43	92.40%	0:19:57	0:13:58	64.68
Georgina Yoh	Harewood 5M	+ 5%	F	22	00:39:59	39	97.34%	0:38:55	0:24:52	65.29
Claire Young	Abbey Dash 10k		F	6167	00:59:48	34	99.34%	0:59:24	0:30:32	51.06