Rothwell Harriers & A.C. Female Track & Field Records From 1st January 2016

	OVERALL	SENIOR	V35	V40	V45	V50	V55	V60+
100 MTS								
200 MTS	**31.04** **Jasmine Laidler** 17/04/2016 Cleckheaton	**31.04** **Jasmine Laidler** 17/04/2016 Cleckheaton	**37.6** **Jo Heseltine** 11/07/2018 Cleckheaton	**37.6** **Jo Heseltine** 11/07/2018 Cleckheaton	**37.6** **Jo Heseltine** 11/07/2018 Cleckheaton	**37.6** **Jo Heseltine** 11/07/2018 Cleckheaton		
400 MTS	**79.91** **Jo Heseltine** 10/04/2016 Wakefield	**79.91** **Jo Heseltine** 10/04/2016 Wakefield	**79.91** **Jo Heseltine** 10/04/2016 Wakefield	**79.91** **Jo Heseltine** 10/04/2016 Wakefield	**79.91** **Jo Heseltine** 10/04/2016 Wakefield	**79.91** **Jo Heseltine** 10/04/2016 Wakefield		
800 MTS	**02:27.69** **Jasmine Laidler** 30/04/2016 Bedford	**02:27.69** **Jasmine Laidler** 30/04/2016 Bedford	**2.56.68** **Jo Heseltine** 07/05/2018 York	**2.56.68** **Jo Heseltine** 07/05/2018 York	**2.56.68** **Jo Heseltine** 07/05/2018 York	**2.56.68** **Jo Heseltine** 07/05/2018 York		
1500 MTS	**5.11.67** **Jasmine Laidler** 04/05/2016 Cleckheaton	**5.11.67** **Jasmine Laidler** 04/05/2016 Cleckheaton	**6.25.6** **Jo Heseltine** 19/08/2018 Cleckheaton	**6.25.6** **Jo Heseltine** 19/08/2018 Cleckheaton	**6.25.6** **Jo Heseltine** 19/08/2018 Cleckheaton	**6.25.6** **Jo Heseltine** 19/08/2018 Cleckheaton		
1 MILE	**06:14.7** **Rowena Skelhorn** 15/09/2018 Leeds	**06:14.7** **Rowena Skelhorn** 15/09/2018 Leeds	**06:14.7** **Rowena Skelhorn** 15/09/2018 Leeds	**06:14.7** **Rowena Skelhorn** 15/09/2018 Leeds	**6.33.4** **Jo Heseltine** 23/09/2017 Leeds	**6.33.4** **Jo Heseltine** 23/09/2017 Leeds	**07:43.1** **Helen Mann** 15/09/2018 Leeds	
3000 MTS	**11.33.85** **Jasmine Laidler** 17/04/2016 Cleckheaton	**11.33.85** **Jasmine Laidler** 17/04/2016 Cleckheaton						
5000 MTS	**25.46.8** **Denise Ramsden** 24/09/2017 Cleckheaton	**25.46.8** **Denise Ramsden** 24/09/2017 Cleckheaton	**25.46.8** **Denise Ramsden** 24/09/2017 Cleckheaton	**25.46.8** **Denise Ramsden** 24/09/2017 Cleckheaton	**25.46.8** **Denise Ramsden** 24/09/2017 Cleckheaton	**25.46.8** **Denise Ramsden** 24/09/2017 Cleckheaton		
10000 MTS								
Shot Putt	**6.11M** **Jo Heseltine** 07/05/2018 York	**6.11M** **Jo Heseltine** 07/05/2018 York	**6.11M** **Jo Heseltine** 07/05/2018 York	**6.11M** **Jo Heseltine** 07/05/2018 York	**6.11M** **Jo Heseltine** 07/05/2018 York	**6.11M** **Jo Heseltine** 07/05/2018 York		
Hammer	**15.94M** **Jo Heseltine** 23/09/2018 Cleckheaton	**15.94M** **Jo Heseltine** 23/09/2018 Cleckheaton	**15.94M** **Jo Heseltine** 23/09/2018 Cleckheaton	**15.94M** **Jo Heseltine** 23/09/2018 Cleckheaton	**15.94M** **Jo Heseltine** 23/09/2018 Cleckheaton	**15.94M** **Jo Heseltine** 23/09/2018 Cleckheaton		
Discus	**12.96M** **Jo Heseltine** 23/09/2018 Cleckheaton	**12.96M** **Jo Heseltine** 23/09/2018 Cleckheaton	**12.96M** **Jo Heseltine** 23/09/2018 Cleckheaton	**12.96M** **Jo Heseltine** 23/09/2018 Cleckheaton	**12.96M** **Jo Heseltine** 23/09/2018 Cleckheaton	**12.96M** **Jo Heseltine** 23/09/2018 Cleckheaton		
Long Jump								
High Jump								
Javelin								