Rothwell Harriers Female Track Records From 1st January 2016

	OVERALL	SENIOR	V35	V40	V45	V50	V55	V60+
100 MTS								
200 MTS	**31.04** **Jasmine Laidler** 17/04/2016 Cleckheaton	**31.04** **Jasmine Laidler** 17/04/2016 Cleckheaton	**38;00** **Jo Heseltine** 24/09/2017 Cleckheaton	**38;00** **Jo Heseltine** 24/09/2017 Cleckheaton	**38;00** **Jo Heseltine** 24/09/2017 Cleckheaton	**38;00** **Jo Heseltine** 24/09/2017 Cleckheaton		
400 MTS	**79.91** **Jo Heseltine** 10/04/2016 Wakefield	**79.91** **Jo Heseltine** 10/04/2016 Wakefield	**79.91** **Jo Heseltine** 10/04/2016 Wakefield	**79.91** **Jo Heseltine** 10/04/2016 Wakefield	**79.91** **Jo Heseltine** 10/04/2016 Wakefield	**79.91** **Jo Heseltine** 10/04/2016 Wakefield		
800 MTS	**2.32.03** **Jasmine Laidler** 14/05/2016 Cudworth	**2.32.03** **Jasmine Laidler** 14/05/2016 Cudworth	**3.00.9** **Jo Heseltine** 24/09/2017 Cleckheaton	**3.00.9** **Jo Heseltine** 24/09/2017 Cleckheaton	**3.00.9** **Jo Heseltine** 24/09/2017 Cleckheaton	**3.00.9** **Jo Heseltine** 24/09/2017 Cleckheaton		
1500 MTS	**5.11.67** **Jasmine Laidler** 04/05/2016 Cleckheaton	**5.11.67** **Jasmine Laidler** 04/05/2016 Cleckheaton						
1 MILE	**6.33.4** **Jo Heseltine** 23/09/2017 Leeds	**6.33.4** **Jo Heseltine** 23/09/2017 Leeds	**6.33.4** **Jo Heseltine** 23/09/2017 Leeds	**6.33.4** **Jo Heseltine** 23/09/2017 Leeds	**6.33.4** **Jo Heseltine** 23/09/2017 Leeds	**6.33.4** **Jo Heseltine** 23/09/2017 Leeds		
3000 MTS	**11.33.85** **Jasmine Laidler** 17/04/2016 Cleckheaton	**11.33.85** **Jasmine Laidler** 17/04/2016 Cleckheaton						
5000 MTS	**25.46.8** **Denise Ramsden** 24/09/2017 Cleckheaton	**25.46.8** **Denise Ramsden** 24/09/2017 Cleckheaton	**25.46.8** **Denise Ramsden** 24/09/2017 Cleckheaton	**25.46.8** **Denise Ramsden** 24/09/2017 Cleckheaton	**25.46.8** **Denise Ramsden** 24/09/2017 Cleckheaton	**25.46.8** **Denise Ramsden** 24/09/2017 Cleckheaton		
10000 MTS								