

Rothwell & District Harriers | Best Female Times

5k

Karen Hallas	18:21	Methley	2009
Chloe Wood	19:28	Methley	2014
Michaela Sill	19:49	Doncaster	2012
Debby Farrington	20:22	York	2007
Lindsay Gray	20:32	Hyde Park TT	2008

5 Miles

Debby Farrington	33:28	Grimsby	2008
Carol Davies	34:29	Roundhay Park	2005
Lisa Foreman	35:29	Roundhay Park	2001
Michaela Sill	35:40	Nostell Priory	2011
Jane Clegg	36:01	Grimsby	2008

10k

Karen Hallas	37:18	Rothwell	2009
Chloe Wood	38:51	Abbey Dash	2014
Debby Farrington	40:56	Wakefield	2002
Michaela Sill	41:15	Abbey Dash	2009
Lindsay Gray	41:26	Wakefield	2008
Carris Harrison	42:10	Hicksons	1993
Carol Davies	42:13	Wakefield	2006
Gill Burnell	42:18	Barnsley	1996
Debbie Pickles	42:23	Wakefield	1996
Carmen Marchant	42:47	Salford	2007

Half Marathon

Chloe Wood	1:25:37	Amsterdam	2014
Michaela Sill	1:30:05	Brass Monkey	2010
Debby Farrington	1:33:14	Great North	2002
Lindsay Gray	1:33:28	Brass Monkey	2008
Gill Burnell	1:33:29	Ackworth	1996
Lisa Foreman	1:33:40	Brass Monkey	2002
Sue Crabtree	1:34:08	Reading	2009
Carol Davies	1:34:59	Leeds	2006
Carmen Marchant	1:34:59	Ackworth	2007
Jane Clegg	1:36:20	Brass Monkey	2002

10 Miles

Chloe Wood	1:05:34	Snake Lane	2015
Debby Farrington	1:07:59	Snake Lane	2007
Michaela Sill	1:08:04	Snake Lane	2012
Lindsay Gray	1:09:15	Thirsk	2008
Carris Harrison	1:10:37	Tadcaster	1994

20 Miles

Michaela sill	2:31:49	Hull	2010
Carol Davies	2:38:15	Hull	2006
Gill Burnell	2:38:38	Hull	2000
Carmen Marchant	2:38:42	Hull	2008
Debby Farrington	2:39:41	Hull	2001

Marathon

Carmen Marchant	3:19:19	London	2008
Michaela Sill	3:21:56	Lochaber	2009
Carol Davies	3:22:45	London	2006
Sue Crabtree	3:30:13	London	2008
Gill Burnell	3:31:14	Amsterdam	1996