

Month	Race	Date
January	PECO West Park Temple Newsam 10	22nd January 8th January
February	Dewsbury 10K Snake Lane	5th February 26th February
March		
April	Wakefield 10k Ackworth half marathon	2nd April 17 <sup>th</sup> April
May	Leeds half marathon Askern 10K Liverpool Rock n Roll half marathon	14th May 17th May 28thMay
June	Club Handicap	21 <sup>st</sup> June
July	Canal 5k race East Leeds 10K Walkington 10K Nostell 10K Racebest 5k (Brownlee Centre Bodington)	4 <sup>th</sup> July 7 <sup>th</sup> July 14 <sup>th</sup> July 19 <sup>th</sup> July 26 <sup>th</sup> July
August	Escrick 10K	20th August
September	Vale of York half marathon Kirkstall 7 Golden mile	10th September 17 <sup>th</sup> September 23 <sup>rd</sup> September
October	Scarborough 10K	22 <sup>nd</sup> October
November	Guy Fawkes 10 Abbey Dash	5 <sup>th</sup> November 5 <sup>th</sup> November
December		